



Prince of Peace Lutheran Church and School

PARISH PRINTS



Summer 2009

From the Pastor...

VIBRANT FAITH FORMATION.

What's it mean? First of all FAITH comes through the power of the Holy Spirit. That's the first part of the first principle we learn as we practice nurturing disciples in the home and congregation. As children of God we are the wonderful recipients of this abundant gift.

But how do we nurture it? Grow it? Allow it to be spread to others?

That's the life-long challenge that lies before us at Prince of Peace, as well as for the church of God throughout the world.

I have good news for you! About two months ago, I was invited to submit a grant request from The Youth and Family Institute (TYFI), St. Paul, MN, for COACHING in this faith formation process. By God's grace we received a grant of \$2400 (2/3 of the \$3600.00 total) to enter into a working process with TYFI. I am pleased to announce that our year's contract begins on July 1, 2009 and concludes on June 30, 2010. We are also privileged to have Mrs. Marilyn Sharpe, one of the TYFI presenters at the September "Passing on Faith" Conference, as our Coach.

So what's it all mean? To get us going, I offer a few answers to a couple of questions ...

WHO'S IT FOR?

Coaching is for Individual church leaders, ministry teams, and congregation, who want to:

- Be more effective in achieving personal and professional goals
- Be transformational leaders
- Make faith formation a priority
- Identify gifts, skills, growth areas and potential
- Learn from others
- Explore resources to integrate faith into everyday life

WHAT'S IT DO?

Coaching:

- Gives direct access to the knowledge and insight of TYFI team
- Offers solutions to ministry challenges
- Guides leaders to the best available resources and training
- Gives shape to creative ideas and solutions
- Focuses individuals and teams toward desired outcomes
- Moves the congregation into new understanding of how to pass on faith

We are looking forward to TYFI's guidance, to Marilyn Sharpe's presence and encouragement, and to our participation and growth. It is our prayer that at the "completion" (though ministry is always evolving) of our coaching year at Prince of Peace we may do ministry with a common vision, partnering home and congregation in the faith nurturing process.

It is my prayer that each and every individual who has a connection with PoP live a vibrant faith, where Jesus makes a difference in his or her life.

Are you ready, team? Our coach will soon be with us.

Pastor Dan

Council Conversations

Prince of Peace Lutheran Church and School

503-645-1211

www.princeofpeacecl.org

Pastor Dan Wehrspann

Church Council

Don Kaster

President

Ray Legault

Vice President

Andy Westlund

Discipleship

Anne Seim

Ministry

Deborah Hurley, Vanessa Warren & Kim Goudy

Fellowship

John Warren

Evangelism

Karina Wehrspann

Worship

Jackie Fishkin

Recording Secretary

Darlene Thauland

School Director

Carolyn Sellke

School Board President

George Thurston

Administration

Valorie Westlund

Financial Secretary

Bill Mayer

Treasurer

Church Elders

Dick Nicoll
Brian Thauland

Here we are nearing the end of another council year. Due to that, we did a lot of reviewing of still lingering Old Business items in hopes of moving them off the agenda leaving the new incoming servants their own clean slate. Then it was on to new business as usual.

We were greeted with good news; our application for grant funds to help defray the cost of The Youth & Family Institute Coaching program has been approved! Pastor will be in communiqué with Marilyn as to an appropriate start date to be shared with us at the next meeting.

The nomination committee has been staffed and are busy putting their heads together to come up with some potential candidates for our open council and Elder positions. They are trying a new approach this year in that they are speaking with the potential candidates about their talents and the positions needs and letting the candidates tell them which position they would be interested in.

The Strategic Planning session date has been narrowed to the end of July, first of August. A firm date will be decided on at the next meeting.

Submitted by

Jackie Fishkin, Recording Secretary

It is that time of year when we give our sincere thanks to the members of the council who have given of their time and talents to keep things moving at Prince of Peace. There's always so much to be done!

The council has sent me the list of nominees for council members for 2009/2010. Please join us on June 28th after the late service to vote on the new roster then join us for a BBQ (details on the announcement page!)

Nominees:

Kristina Cook - President

Ron Morris - Vice President

Larry Arnold - Director of Evangelism

Jan Kier & Lillian Kalousdian - Directors of Worship

Patty Timmerman - Recording Secretary

Ray Legault - Elder

Ann Morris - School Board Chairman

Continuing to serve:

Andy Westlund - Discipleship

Anne Seim - Ministry

Deborah Hurley & Vanessa Warren - Fellowship

Darlene Thauland - School Director

George Thurston - Administration

Valorie Westlund - Financial Secretary

Bill Mayer - Treasurer

Dick Nicoll & Brian Thauland - Church Elders

Stepping Down:

Don Kaster, Kim Gowdy, John Warren, Karina Wehrspann, Jackie Fishkin & Carolyn Sellke.



Summer Activities

Start the summer off with a BBQ!



Sunday, June 28th

Come to the voters meeting after second service and then join in the fun!

Fellowship will be providing the burgers, drinks & dessert
Please bring a favorite side dish to share
(baked beans, pasta salad, potato salad, watermelon, etc.)

Amazing Grays is an active senior and approaching senior group.

We invite all to attend our activities and welcome new members.

PS: You do not have to be Gray yet!

Our schedule for July and August will be:

July 11, 2009

Cooper Mountain Vineyards

Meet at the church at 11:00 AM and carpool

Wine tasting and hopefully a tour of the vineyard



August 19, 2009

Lunch at the church

Talk and video by George Thurston on

Scuba Diving

George has videos and will speak about
some of his amazing diving trips

Wonders of the ocean as far away as Tahiti!



Care to Share

Feeding those in need

Care to Share Food Boxes

We participate through Care to Share with distribution of food boxes on Fridays. We regularly provide food for 2 - 3 families each week. The food is donated by our congregation with supplementation through the ministry budget for meat, milk and eggs. All food donated is gratefully accepted. Our weekly needs are noted each week in the bulletin. All nonperishable food can be placed in the basket at the back entrance to the church and in the foyer of the CLC for summer worship.

We thank all of our congregation for your generous donations.

We are currently in most need of:

Cereal
Mayo
All tomato products
Spaghetti sauces
Rice
Canned Fruit
Canned Vegetables (except corn)
Shampoo
Toothpaste



Do you have extra veggies from your garden?

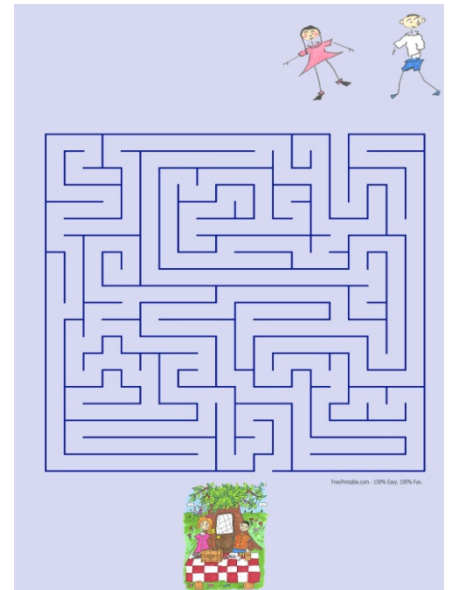
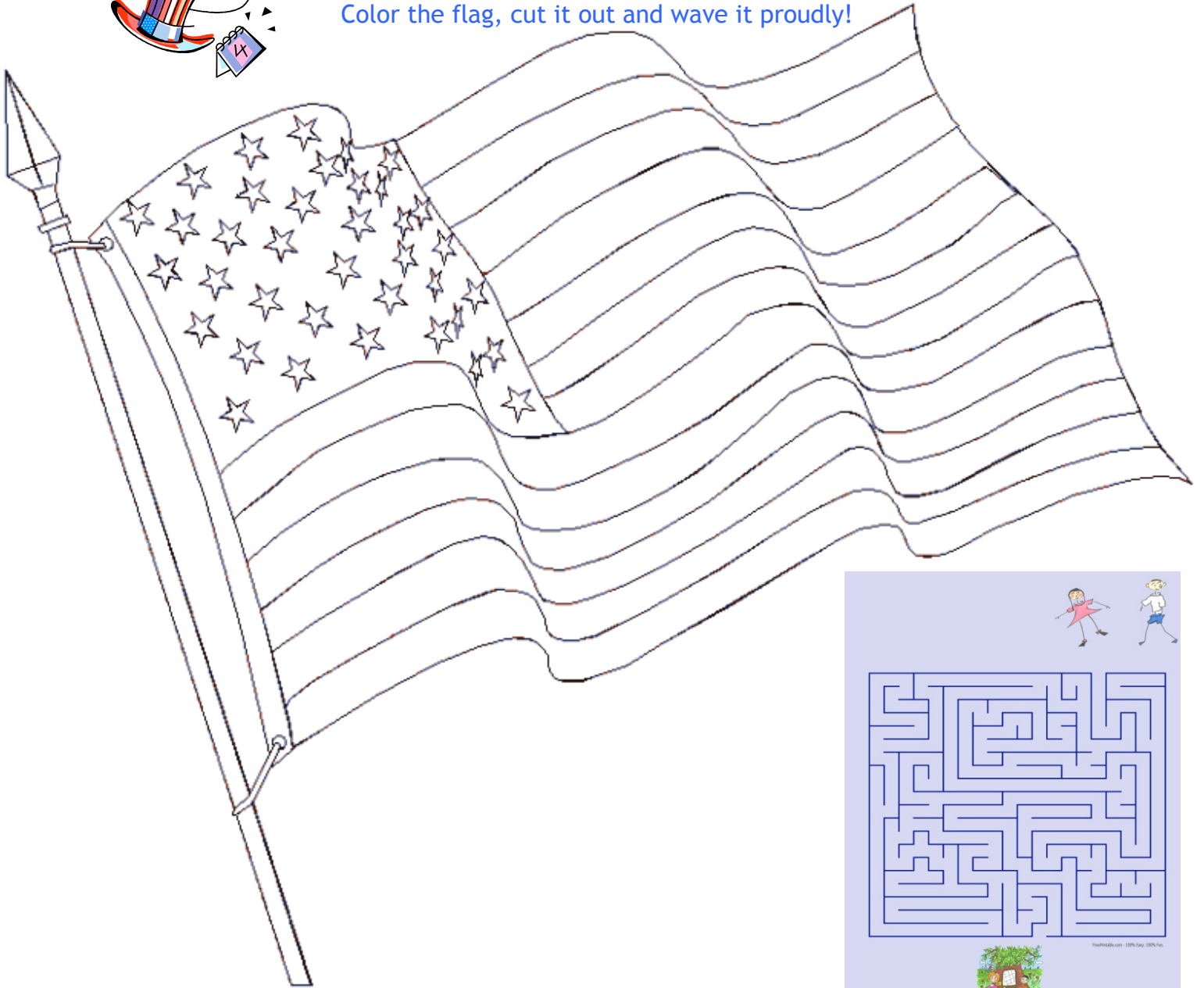
Consider donating to our food baskets. Fresh fruit, berries & veggies are always a much appreciated addition to our baskets every Friday. You can also bring on Sunday for sharing with our congregation!



Kid's Page

Happy 4th of July!

Color the flag, cut it out and wave it proudly!



Plastic Bag Ice cream

This recipe is enough for one person to make a dish!

1/2 cup milk

1/2 teaspoon vanilla

1 tablespoon sugar

4 cups crushed ice

4 tablespoons salt

2- quart size Zip-loc bags

1- gallon size Zip-loc freezer bag

a hand towel or gloves to keep fingers from freezing as well!

Mix the milk, vanilla and sugar together in one of the quart size bags. Seal tightly, allowing as little air to remain in the bag as possible. Too much air left inside may force the bag open during shaking. Place this bag inside the other quart size bag, again leaving as little air inside as possible and sealing well. By double-bagging, the risk of salt and ice leaking into the ice cream is minimized.

Put the two bags inside the gallon size bag and fill the bag with ice, then sprinkle salt on top. Again let all the air escape and seal the bag. Wrap the bag in the towel or put your gloves on, and shake and massage the bag, making sure the ice surrounds the cream mixture. Five to eight minutes is adequate time for the mixture to freeze into ice cream.



Parish Nurses

What is a Parish Nurse?

A Parish Nurse is a registered nurse who has taken the Basic Preparation Class for Parish Nurses to use her/his skill in Health Ministry.

Whereas most health disciplines are trained in one aspect of medical care, Parish Nurses are trained to nurture the whole person - body, mind and spirit. Parish Nurses work in partnership with pastors, churches, hospitals, social service agencies and the community. Parish Nurses focus on prevention, wholeness and wellness. In many congregations, the Parish Nurse is the Health Ministry team leader.

What are the Parish Nursing Functions?

- ❖ Health Educator - seeks to provide an understanding of the relationship between lifestyle, attitudes, faith and well-being. This can be done individually but is usually group focused by arranging health topic classes, workshops and discussion groups or through health fairs. Parish Nurses focus on prevention and wellness, rather than “hands-on care”.
 - ❖ Personal Health Counselor - Providing individual consultation and support at home, at church and during hospital or care facility visits. Many Parish Nurses offer regular blood pressure screenings.
 - ❖ Referral Agent - Contacts people with community resources, services and other sources of information and assistance.
 - ❖ Trainer of Volunteers - Pulling people together in Health Ministry for congregants to use their gifts and minister to each other. The Parish Nurse does not need to “do it all” but assists the minister(s) by helping to build a team to help in the church.
 - ❖ Developer of Support Groups - Bringing people together in commonly shared times of need such as dealing with Alzheimer’s disease, diabetes, etc.
 - ❖ Health Advocate and Liaison with Community Resources - Opening doors to care and services, assisting congregants through the health care and community resource maze while also bringing resources into the congregation.
 - ❖ Integrator of Faith and Health - Nurses speak both the language of health care and spirituality, which is unique to the profession of nursing. This bridge provides congregants with an opportunity to speak about the deeper spiritual dimensions in life with someone able to connect this with their overall health.
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The following are some classes offered through Northwest Parish Nurses that you or someone you know may be interested in. Please speak to Pam or Karina if you are considering taking this course. It comes highly recommended and is offered at other times throughout the year.

Powerful Tools for Caregiving classes Tuesdays August 4-September ; 5:30-8:00pm

Metro Church of Christ
1525 NW Division,
Gresham OR

For questions and to register call Jean Stadamire

Powerful Tools for Caregiving is a 6-week educational series designed to help family caregivers take care of themselves while caring for a relative or friend. Those benefiting include: those helping a parent, spouse, friend of those living in a home, nursing home or across the country.

Please speak to Pam or Karina if you are considering taking this course. It comes highly recommended and is offered at other times throughout the year.

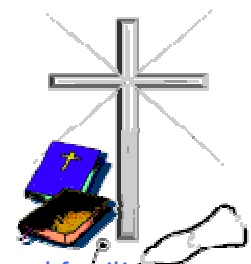
6th Annual Gift of Time Weekend Retreat August 28th-30

Macley Christian Retreat
Salem Oregon

Total cost for 2 nights/double room and 5 meals = \$65

For more info and to register, contact: Janice Wolcott
jwolcpn@earthlink.net

This weekend retreat is for family caregivers and grandparents and other relatives raising second families.





PoP Souls for a Cure Register before Aug. 31st!

The 18th Annual Komen Portland Race for the Cure will be held on Sunday, September 20, 2009, and POP Souls for a Cure will once again have a team.

This means all you walkers, runners, and yes, even those of you who are dedicated enough to be at church to be "sleepers" and show your support and then those of you who are the actual "Sleepers" can participate. There is even a way to make a donation to benefit the Portland community.

To register for the team on-line go to www.komenoregon.org then go to register.

1. If you have registered before you will be in the system
2. Go to **Join a team** and type in **POP SOULS FOR A CURE**
3. Continue your registration
4. Fee is \$30, unless you want to do a time competitive chip run, then it is \$35.

There is a special appeal for a donation at time of registration which puts your total at \$100 with 77 going to gift, this is only optional.

To make a donation on-line go to www.komenoregon.org

1. Click on **Donate**
2. There are 2 choices "Sponsor a Race Participant" (this is where you will find the team donation) or "Make a General Race Donation"
3. If you want your donation to go to the team total than type in **POP SOULS FOR A CURE**.
4. Then complete your prompts.

All team registrations and donations have to be completed by August 31. If you have any Questions or need help, please let me know, I am happy to help you. Thank you, and I am looking forward to another great turnout and wonderful Christian Fellowship. Karina



Prayer Shawl Ministry

A prayer shawl can be knitted or crocheted with the intention of bringing God's love and comfort to those in need. They are given to anyone who needs a tangible reminder of God's presence.

Come work on a prayer shawl when Quilting for Kids meets or at our own meeting time, just be sure to let me know if you are coming so I'll know how many to set up for. Just check meeting times and dates on our bulletin board page.

Don't knit or crochet...don't want to learn...but want to be part of the ministry? You can donate to the ministry for purchase of yarn. We have a designated fund account so just mark your donation "Prayer Shawl Ministry" and our fearless counters will get it in the right column!

We are so blessed at Prince of Peace to have your support of so many ministries. I know you can't contribute to all but if you feel that this ministry is "THE ONE", we appreciate your support.

Please feel free to contact me with questions or if you want to be part of the ministry.

Mary Raetz, 503-629-2025, mary@raetzfamily.com
Prayer Shawl Ministry and Quilting for Kids

(Photo: www.lionbrand.com)

PoP is Under Construction



Board Room Makeover

The Tuesday women's bible study group summer service project will be a boardroom makeover! When we return to the sanctuary in September it should be completed...be sure to take a look!



There's been a lot of storage room cleaning and re-evaluating the use of those spaces...watch your step as things get cleaned and moved...maybe some construction...over the summer!

Congratulations Graduates!

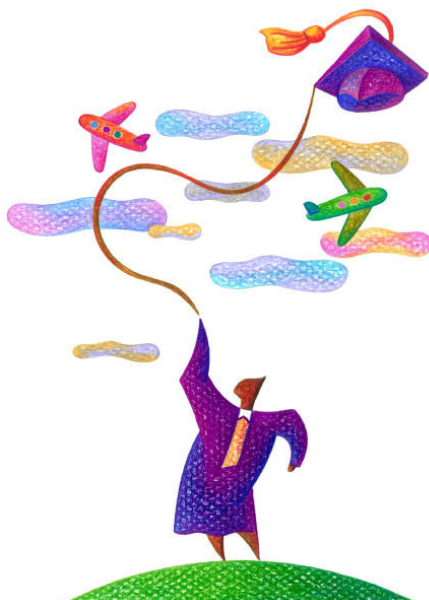
High School Graduates

Natalie Camplair, June 11, 2009
Sunset High School, Portland, Oregon
International Baccalaureate Diploma
Salutatorian of her class

Attending Macalester College - St. Paul-Minneapolis area
With a focus on environmental studies, perhaps pre-law

Katie Lydon, June 2009

Westview High School, Beaverton, Oregon
Attending Concordia University - Portland, Oregon
Nursing program - focusing on Labor & Delivery
Academic scholarship and volleyball scholarship



College Graduates

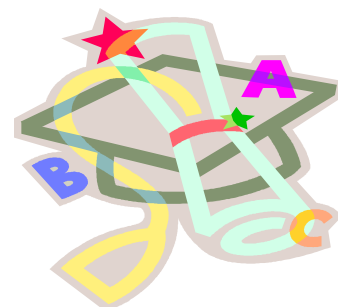
Eric Westlund, May 2, 2009
Pepperdine University, Malibu, California
Bachelor of Arts in Philosophy

Jennifer Marquette, May 2, 2009
Concordia University, Portland, Oregon
B.A in Business, Marketing and Spanish

Kristi Wehrspann, May 10, 2009
Idaho State University, Pocatello, Idaho
Masters in Education

Rob Kaster, June 2009
University of Oregon, Eugene
Oregon Business degree
He plans on finding a job in a warmer climate!

Heather Kravitz, May 2, 2009
Concordia University, Portland, Oregon
Master of Arts in Teaching
Professional Church Worker Certificate
After completing her student teaching this fall she hopes to find a job in a Lutheran School teaching third grade or under.



Bulletin Board

VOTER'S MEETING

June 28th
after 2nd service

BBQ Feast, Fellowship & Fun

Sunday, June 28th
After voters meeting which is
after second service.

Bring a favorite side dish to
share!

July & August Services
will be held in the CLC
at 9:00

Prayer Shawl Ministry



4th Tuesdays at 7:00

Meet in lobby of the CLC...we'll use
111 or the youth room whichever one
is available.

July 28th & August 25th

Meeting times with Quilting for Kids is
below

Women's Study Group

Studying the Book of Mark
Meets on Tuesdays
11:45 am – 1:00 PM
Boardroom



Come as you are and bring your lunch!

Food Pantry Needs

Cereal, mayo, jams & jellies, canned
tomatoes of all sorts, sugar, and canned
veggies.



Check bulletin each Sunday for updates on
what is needed.

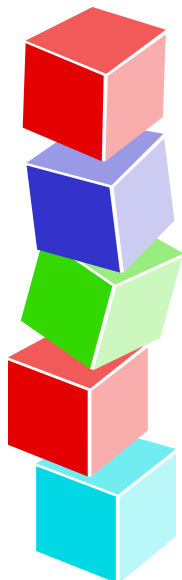
Quilting News

Quilting for Kids
July 12th, 12:30
July 6th, 10:30
Contact Mary Raetz
503-629-2025

Knot Tiers
July 20th, 1:00
August 10th, 1:00
Contact Anne Seim
503-646-7700

No experience required!

FROM THE SCHOOL BOARD



THANK YOU to retiring School Board members, Carla Fenning, Paul Goudy, Jennifer Legault, and Carolyn Sellke, for your faithful service to POP's school ministry. Welcome to Jackie Fishkin, Ann Morris, Jody Thurston and Vanessa Warren who will join the two remaining members, Roy Kravitz and Janet Justiniano (parent rep). The new board assumes their responsibilities July 1st.

Thank you to Ray Legault who will facilitate preparing CLC 111 for the 4th Kindergarten classroom, the Youth Room as the temporary room for Bible Classes and any organization that used 111, and the sharing of the School Director's office with/and new Youth Room.

The original governing policy for the school board has been updated and reflects the addition to the school ministry.

After the close of the 2008-2009 fiscal year, the annual review of the budget will be held. Terry Taylor has shared his expertise the past few years and declared finances in good order, reflecting good stewardship of the school.

Please pray for the planning and success as preparation continues for the addition of the 1st grade this fall, and the future vision planning of Prince of Peace Lutheran School.

Carolyn Sellke, Board chairman

JULY

3 Jeff Oltmann
 Marlene Knechtel
 4 Roy Kravitz
 5 Joyce Bjorge
 Doris Hoffman
 Janet Kier
 7 Elizabeth Arnold
 9 Colin Morris
 12 Elizabeth Hosler
 Mary Pat Hosler
 13 Debbie Hurley
 14 Jessie Schatz
 16 Andrew Taylor
 17 Matthew Warren
 18 Arianna Arnold
 Freya Kong Sticka
 21 Sue Miller
 22 Dick Zschoche
 Don Buchanan
 23 Jody Thurston
 Sharon Wichner
 29 Marjanna Hosler
 Sharon Kravitz



AUGUST

3 Sharon Collin
 Andrew Van Dorn
 4 Betty Stern
 John Warren
 5 Pam Krautscheid
 Marilyn Anzur
 7 Malissa Warren
 Jason Koning
 Karla Henk
 Diane Lyle
 8 Rev. Dan Wehrspann
 10 Sarah Warren
 14 Mary Raetz
 15 Harry Plank

16 Carla Hannaford
 19 Neil Camplair
 20 Karen Krautscheid
 21 Ronald Kravitz
 Ron Reule
 Mary Prins
 22 Gerry Knechtel
 26 Gordon Fenning
 27 Benjamin Taylor
 Erika Cook
 28 Zach Zeutzus
 29 Larry Arnold III
 30 Dorothy Poehler
 Darlene Thauland

Happy Birthday



Happy Anniversary

9, 1983 Andy & Valorie Westlund
 10, 1965 Richard & Carolyn Sellke
 14, 1972 Glenn & Anne Seim
 21, 1951 Bert & Bev Cathcart
 25, 1992 John & Malissa Warren
 8, 2000 Sven & Pam Haugan
 26, 2008 Ben & Alice Kaster

2, 1980 Paul & Kim Goudy
 2, 1980 Roy & Sharon Kravitz
 12, 1989 David & Leslie Gesko
 12, 1989 Wes & Carla Fenning
 16, 1975 Dick & Patti Nicoll
 17, 1985 Sean & Vicki Fitzgerald
 20, 1967 Mark & Dee Lieske
 22, 1952 Jake & Val Schmitt
 23, 1952 Robert & Kathleen Henderson
 26, 1961 Gerry & Marlene Knechtel