From the President…

…Rituals and Traditions…

The past two weeks, I have found myself saying "I can’t wait for school to start so we can get back to normal!" I confess, I am a creature of habit. I like to do things the way my mother did them or the way I started doing things when Todd and I got married and created our own home. I fold my towels a particular way and I line the glasses up in the cupboard exactly the same way each time I unload the dishwasher. My dilemma…Todd and Erika do a lot of the work around the house when I am not home and they don’t fold my towels the same way or line those glasses up. I should be more flexible with them and look for a new way of doing things.

What about our habits and rituals at Prince of Peace. In a few weeks our summer worship schedule will return to our "normal" schedule of two services and many of us will go back to our early or late service preference. Many of us sit on the same side of the sanctuary and we follow the same routine each week. There has been some discussion in our recent council sessions about the benefits of one service in the summer and how nice it is for the entire congregation to be together. I’ve enjoyed the perspectives and even though I am one of those set in a routine…it is great to hear the desire of so many to bring our members together and create some new rituals and traditions. I want to practice that flexibility and branch out myself this year.

Another habit we all have is to let some of the same individuals perform the same service duties week after week. Prince of Peace could use some new volunteers for coffee service or cookie angel on Sunday mornings. We have plenty of opportunities for additional youth to be trained as acolytes and adults trained to be ushers or worship assistants. Our Star Point leaders are looking for fresh ideas and volunteer support to help the mission and ministry at Prince of Peace flourish and thrive. If you can be “flexible” and share your spiritual gifts, your Church involvement will provide you with joyful fellowship. These principles of service to the Lord can shape our lives and help us establish rituals and traditions for our children that they will follow for years to come.

Let’s rejoice with one another and practice being "flexible".

In God’s Peace,
Kristina Cook
**Going Green to Save Some Green**

**Newsletter changes:**
I would like everyone to consider getting their newsletter on line! I know that some have said that they don’t read their newsletter because they don’t want to read on line or print. Please consider saving our dollars and a tree by printing the pages you don’t want to read on your monitor! Besides, it’s much more interesting on line with all the pictures and colors!

As of this newsletter, everyone who said they would pick up newsletters at church or have them mailed will still have a printed copy available to them.

The change will be that we will not mail newsletters until you’ve had a chance to pick them up at church. We will make sure there’s an announcement in church and someone in the Narthex to hand them out to you after service.

Again, it would be great if you will get your newsletter on line if possible!

Mary Raetz, Newsletter Editor

**When Does it Start?**

School isn’t the only thing that gets started in September!

**Tuesday Bible Study**
Tuesday, **September 15**, 11:45 am, Board Room
Call Sandy Anderson for more info.
503-645-5012

**Bell Choir**
Wednesday, **September 16**, 7:00 PM, Church Balcony
Call Bev Peloquin for more info
503-645-3672

**Adult Choir**
Wednesday, **September 16**, 8:00 PM, Sanctuary
Call Bev Peloquin for more info
503-645-3672

**Kids & Youth Sunday School**
Sunday, **September 20**, 9:10 am, CLC
Call Sharon Kravitz for more info
503-645-3672

**Monday Night Bible Study**
Monday, **September 21**, 7:00 PM, Marquette’s
Call Bev Peloquin for more info
503-645-3672

**Praise Team**
Thursdays
Contact Pastor Dan about date and times
Church Office: 503-645-1211
Rally Day
Let’s kick off the school year right!
Come meet our teachers for the 2009/2010 school year
Sunday, September 13th
9:00 a.m. in the CLC
Service will be followed by a pancake breakfast with all the fixings.
Donations will benefit Habitat for Humanity
Fun and surprises for the kids!
Don’t miss it!

EXODUS
The Journey Begins - September 20
This year Sunday School for our youth will focus on Exodus - from Egypt to the promised land. It is a journey of faith: the children of Israel are learning to be children of God.

WHO? Preschool - 9th grade
WHERE? CLC
Preschoolers have a traditional classroom. Kindergarten - 6th grade follow a rotational program and the 7th - 9th have a less structured fellowship approach.

Rotational Program: Children experience the same Bible story/concept for 3-4 weeks in various learning centers or workshops such as storytelling, memory, art/crafts, games, science, cooking, and drama/puppets. ‘Shepherds’ provide a consistent and nurturing relationship for their class for the entire school year. Instructors are responsible for specific lessons/activities for each age.

QUESTIONS? Contact Sharon Kravitz
@503-645-6136 or shlkravitz@comcast.net

Quilt Raffle
Knot Tiers will debut a coffee themed quilt which will be raffled off in early October.
The funds for the raffle will be a local charity which has not yet been named. Get a look at it on Rally Day and watch for your chance to purchase a raffle ticket.

Start a child in the way he should go, and when he is old he will not turn from it.
Proverbs 22:6

Call for Adult Bible Class Teachers
Planning is under way for the 2009-2010 adult class year.
We are in need of more teachers with a passion for bringing biblically based, culturally relevant classes to Prince of Peace.
We averaged 20 students per class last year so our teachers can look forward to great participation and lively discussion.

Please contact Andy Westlund at 503-684-8519 if you are interested.
Grandparents Mike and Pat Timmerman welcome grandson Arlo Edward Timmerman born July 17th Matthew & Molly Timmerman are the proud parents!

Prayer Shawl Ministry
Please call Mary Raetz if you are interested. A regular meeting time will be scheduled at a later date. Mary 503-629-2025 mary@raetzfamily.com

FOOD PANTRY NEEDS
FLOUR, SUGAR, POWDERED LAUNDRY DETERGENT (WE CAN ZIP LOCK INTO SMALLER BAGS TO HELP MORE); HEARTY SOUPS, FRUITS OF ALL KINDS

Women’s Study Group
Studying the Book of Mark
Meets on Tuesdays
11:45 am – 1:00 PM
Boardroom
Come as you are and bring your lunch!

Prayer Shawl Ministry
Are you interested in our Adult Music Programs?
Talk to Bev Peloquin about voice choir and bell choir
Talk to Pastor Dan about Praise Team.
New members welcome!

Amazing Greys
Mt. Angel Oktoberfest
Thursday Sept. 17th
The cost is $2 for entrance fee bring extra for traditional Oktoberfest food and beer
We will be leaving the church @ 10 AM Please sign up so we will have a count for carpooling

Quilting News
Quilting for Kids
August 31, 10:30 – 7:00
October 5, 10:30 – 7:00
Contact Mary Raetz 503-629-2025
Knot Tiers
September 14, 1:00
October 12, 1:00
Contact Anne Seim 503-646-7700
No experience required!
Caring for Our Community

Human Care has served 10 families with 34 members during the months of July and August. That is about average for us, but we have two more Fridays, so the numbers will exceed the usual. If we can get Care to Share intake people to keep in mind boundaries that reach a bit farther, we can help some apartment dwellers not too far from our church.

We continue to put our food needs in the Sunday bulletin and we thank those who are paying attention. It is great to see those groceries in the basket on Sunday morning!

Needs now include: FLOUR, SUGAR, POWDERED LAUNDRY DETERGENT (WE CAN ZIP LOCK INTO SMALLER BAGS TO HELP MORE); HEARTY SOUPS, FRUITS OF ALL KINDS.

Our community recipients really thank you ever so much for your giving hearts. Blessings to them through you!

Bev Cathcart

PoP Souls for a Cure
Sunday, September 20th

There’s still time to decide to walk or sleep in for the cure! You can also make a donation for our team, POP SOULS FOR A CURE. Let’s help get them to their goal of $500.00

Just head for this page on the Susan G. Komen website to make your donation or talk to Karina.

http://rfcp.convio.net/site/TR/Race/General?team_id=43182&pg=team&fr_id=1110

Prayer Shawl Ministry

A prayer shawl can be knitted or crocheted with the intention of bringing God’s love and comfort to those in need. They are given to anyone who needs a tangible reminder of God’s presence.

We are so blessed at Prince of Peace to have your support of so many ministries. I know you can’t contribute to all but if you feel that this ministry is “THE ONE”, we appreciate your support.

Please feel free to contact me with questions or if you want to be part of the ministry.

Mary Raetz, 503-629-2025, mary@raetzfamily.com
Prayer Shawl Ministry and Quilting for Kids

Blessing Boxes

Blessing boxes will be collected the first and second Sundays of October. This will give us time to educate the congregation about Blessing Boxes. The recipient for this collection will be Care to Share, a local organization that coordinates distribution of food boxes, utility assistance and rental assistance.
Health Educator is an important aspect of the PN role and can take place both in the formal setting of a classroom with a group of people, as well as informally with individuals. The focus may be on health promotion and experiencing alterations in health at all. We will provide this education while emphasizing the relationship between spiritual health and wellness. We are Health Educators every time you ask us a question about a disease condition and/or treatment.

The role can be further broken down into functional categories:
- Presenter of information
- Provider of information
- Coordinator/organizer of programs
- Referral source for information, programs or resources

We have already, and will continue to, provide referral sources of information about programs that may be of interest to you that are being held in our community through our faith community networking. There are some great programs offered from which many of you may benefit. POWERFUL TOOLS FOR CAREGIVERS, and LIVING WITH CHRONIC DISEASE are just two of them that we recommend and are ongoing throughout the community.

**UPCOMING CLASSES**

**Living with Chronic Conditions:** Thursdays, Sept. 3 - Oct. 8, afternoons.
Six week workshop teaching practical skills for living a health life with ongoing conditions such as asthma, heart problems, arthritis, diabetes and many more.
Free class (donations accepted). Register at 503 256-4000. For more information call Debbie Conklin 503-320-4663

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**SWINE FLU UPDATE**

Hospitals and the healthcare community in the state of Oregon are gearing up for an increased number of cases of the “Swine Flu”, H1N1 virus, as the fall draws closer. Recommendations include the following:
- H1N1 immunizations for high risk individuals including those who have chronic illnesses
- The basics during flu season - drink plenty of fluids, rest and stay warm
- GOOD HAND WASHING!!!!
- Cough or sneeze into your arm or shoulder, not into your hand
- Use a disposable tissue. After using it throw it away. Handkerchiefs carry germs from previous use, viruses hang around for a long time
- If you have an acute onset of fever induced respiratory illness, stay home until your symptoms have resolved. Do not go to work or church or other areas with large volumes of people. Call your MD if your symptoms worsen or do not improve in 48 hours
- If you are exposed to someone who has the H1N1 virus and are well, please stay at home, you may be a carrier of the virus and thus expose others to it, whether you get sick or not
- It is our hope and prayer that we survive this flu season with healthy individuals!

We will keep you updated on the latest. As always, if you have any questions please feel free to call either of us.

You will be receiving a health survey in the next few months that will ask you a few questions to direct the Health Ministry Program to provide and coordinate educational opportunities for you as well. Please consider this thoughtfully and prayerfully.

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“Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers”

3 John 2

God’s Peace
Pam Krautcheid and Karina Wehrspann
School News

Prince of Peace Lutheran School
Guiding Principles
2009-2010

❖ The Word of God is the driving force behind all that we do
❖ We are a school with a commitment to the Gospel of Jesus Christ and to providing quality education
❖ Our primary measures of success are that children and their families will come to acknowledge Jesus as Savior and Lord, and that children will develop and learn to their fullest potential
❖ We never lose sight of our eternal vision
❖ Amidst the chaos of this world, we think and act with a sense of calm which the Holy Spirit provides
❖ We are sensitive to the needs of students, parents, faculty, staff and congregation members
❖ The school operates under the guidance and direction of the Prince of Peace School Board
❖ Outstanding, dedicated people ensure success, particularly when they work together as a team

The Prince of Peace School Board is responsible for overseeing the operation of our preschool and elementary school. The following have volunteered to serve on the School Board:

❖ Anne Morris, Chairperson
❖ Jackie Fishkin, Roy Kravitz, Jody Thurston, & Vanessa Warren, Congregation Members
❖ Janet Justiniano, Parent Representative

May the Lord give them wisdom and guide their decisions, and may all that they do be pleasing in His sight.

Browsing through any store one will find evidence of an upcoming ritual: The First Day of School. For the children at Prince of Peace this anticipated day will be the Tuesday following Labor Day. On September 8, the kindergartners and first graders will arrive with new backpacks, pencils, crayons and other supplies and of course, new lunch boxes. The preschoolers will arrive a week later.

With new school clothes and freshly combed hair the children will bound into school for the traditional First Day of School pictures. They will have fun getting reacquainted with their friends, teachers and new classrooms.

It is with a hint of sadness that the parents depart, with the knowledge that the children are growing up “too fast”. A few years ago a tradition was started at Prince of Peace called a “Boo-Hoo Breakfast”. Some kind and wise women from the congregation meet with parents in the lobby by the sanctuary, providing coffee and a listening ear for moms and dads as the rite of passage, the First Day of School is completed.

At Prince of Peace we are happy and excited to partner with parents in the education of their children. We promise to teach, guide, discipline, love and nurture the children and to tell them about our Savior Jesus every school day.

We are looking forward to a year filled with discovery, learning and fun! In the Name of Jesus and asking His blessing, we begin.

Peace Be With You,
Darlene Thauland
27 Teachers and Staff members have the responsibility and pleasure of teaching the approximately 300 hundred children at Prince of Peace for the 2009-10 school year. Please pray for our teachers that the Lord would give them wisdom, patience and energy as they assume their awesome task.

**First Grade Teacher**
Donna Romadka

**Kindergarten Teachers**
Brittany Walch
Alison Grosskopf
Betsy Harmon
Judy McCormack

**Pre-Kindergarten Teacher**
Kathy Crider

**4's Preschool Teachers**
Vicki Bjorklund
DiAne Dodge
Kim Goudy
Tish Hull
Nancy Lydon
Diana Renn
Ann White

**Art Teacher**
Jody Thurston

**3's Preschool Teachers**
Jenny Bernick
Vicki Bjorklund
Tracy Kimball
Patty Manning
Diana Renn
Brenda Steingas
Ann White

**Spanish Teacher**
Tish Hull

**4's Preschool Teachers**
DiAne Dodge
Kim Goudy
Tish Hull
Nancy Lydon
Diana Renn
Ann White

**Music Teachers**
Jenny Bernick
Vicki Bjorklund
Kim Goudy

**Teacher Aides**
Anitha Chandran
Emily Critchlow

**Administrative Assistants**
Tristan Baker
Chris Lengele

**School Director**
Darlene Thauland

**Pastor**
Dan Wehrspann

FOREST HILLS CONTINUES ITS’ MISSION TO “BUILD THE KINGDOM OF GOD THROUGH CHRISTIAN EDUCATION”

**INCREASE IN ENROLLMENT**
School begins September 1st for 164 students at Forest Hills Lutheran School. Many students were kept in the fold due to the generosity of individuals who contributed to the special appeal at the school auction. We look forward to serving these students and families. There is still space in most classes. If you are interested in quality education in a Christian environment with small classes, consider joining the Forest Hills Lutheran School family. Call Sharlayne Buuck at 503-359-4853.

**NEW FACULTY AND STAFF**
We praise God for the following servants who will join us this year in the ministry of FHLS.
Toni UmaShankar will be added to the kitchen staff.
Stephanie Heldt will be teaching full day Kindergarten.
Theodora Rudolph will be our library/technology teacher.

**BACK TO SCHOOL NIGHT**
You are invited to our Back to School Night, Friday, September 25th. Stroll our 12 acre campus, meet teachers, and see classrooms. Violinist Aaron Meyer will accompany each class as they present a song they have composed. Aaron Meyer will conclude the evening with a short concert. The evening begins at 6:30, with the musical performances beginning at 7:00 in the Dobbin Center.

**ALL FORE HIM**
The 4th annual All Fore Him Golf Outing will be held at Forest Hills Golf Course on Friday, October 2nd. The modified scramble will have a shot gun start at 1:00. The day includes a raffle, grilled chicken dinner, small auction and great fellowship. Registration forms are available by calling the school at 503-359-4853. If you have questions, speak to Sharlayne Buuck.
PoP is Under Construction

Playground Update

✓ The black panel Omega fence has been re-installed thanks to the hard-working crew of Larry Arnold, Steve Bailey, Bert Cathcart, Les Fishkin, Ray Legault, Bill Mayer, Dick Nicoll, Dick Sellke and Dick Zschoche.
✓ The road project contractor is to pick up the chain link and posts used as temporary fencing.
✓ We will be re-seeding the fill area and ordering wood chips for the playground.
✓ The arbor vitae have been replaced. Now need to work on repairing the irrigation system in the play area.
✓ The balance in the Cornell Road Project fund is over $8,500 after all expenses to date.

Classroom 125

✓ Ready for meetings and adult classes
✓ Retractable screen and LCD projector hung and ready to go

Waste Management

✓ We will replace the three plastic roll carts with a 2 cubic yard dumpster
✓ The extra cost will be only about $25/month
✓ Wes Fenning is constructing a fenced pad to shield the dumpster and recycling carts from the walkway to the CLC.

Ceiling Repairs - Downstairs

✓ The sagging ceiling tiles in the downstairs area outside of the RSVP office have been repaired
✓ The “Fix-it” crew is Bert Cathcart, George Thurston and Dick Zschoche

Board Room Makeover

✓ It’s cleaned & painted
✓ Has new window coverings
✓ Some new art work
✓ New white board

✓ Thanks to Sandy Anderson, Sharon Kravitz, Mary Raetz and Jody Thurston for the redo
✓ Thanks also to Bert Cathcart and George Thurston for helping to hang things!

Construction Updates

Thanks to all for your dedication to get the job done!
Devotional Guide for September
Scripture helps to prepare yourself for Sunday Worship

September 6  Fourteenth Sunday of Pentecost
Is. 35:4-7
Psalm 146
James 2: 1-10 & 14-18
Mark 7:24-37

September 13  Fifteenth Sunday of Pentecost
Is. 50:4-10
Psalm 116:1-9
James 3:1-12
Mark 9:14-29

September 20  Sixteenth Sunday of Pentecost
Jer. 11:18-20
Psalm 54
James 3:13-4:10
Mark 9:30-37

September 27  Seventeenth Sunday of Pentecost
Num. 11:4-6, 10-16 & 24-29
Psalm 104:27-35
James 5:1-20
Mark 9:38-50

Happy Birthday September
2  Nancy Lydon
3  Ralph Condit
4  Kim Goudy
5  Margo Mayer
   George Smeby
7  Rich Beovich
8  Tara Bjorklund
9  Erwin Wichner
10 Barbara Osborne
   Bev Peloquin
   Kelly Hoover
13 Nathan White
   Rebecca Cardwell
14 David Hoover
16 Eric Westlund
   Jonathan Koning
   Ryan Zeutzius
17 Anders Haugan
22 Jeffrey Bjorklund
23 Karen Hosler
   Evelyn Warren
24 Sara Cardwell
25 Natalie Camplair
26 Michael Romadka
   Alice Kaster
29 Caroline Kaster
30 Carla Fenning

Happy Anniversary September
12, 1941  Ralph & Eunice Condit
12, 1970  Gary & Mary Raetz
16, 1995  Mathew & Vanessa Warren
26, 1992  Mike & Edie Dorn

Enjoy a great family outing... highly recommended for all ages!

Rice Northwest Museum of Rocks & Minerals
Address: 26385 NW Groveland Dr. (503) 647-2418
Hillsboro, Oregon 97214

Open:
Operating hours are Wednesday through Sunday from 1pm-5pm with group tours by appointment
**Kid’s Page**

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**Colorful White Chocolate-Dipped Pretzels**

These treats are so simple, even very young children can help make them (just be sure the chocolate’s not hot enough to burn tender little fingers). You can use any shape or size of pretzel—or a combination. Feel free to substitute dried fruit, fresh fruit, or cookies for the pretzels. And toss on some sprinkles if the mood strikes.

1 bag large pretzels  
1 -10 to 12-ounce bag white chocolate chips  
Colored sprinkles

Place chocolate chips in a microwave-safe dish and microwave on high for about 2 minutes. Stir chocolate and continue to microwave for 30- to 60-second intervals until chocolate is completely melted.  
Place the melted chocolate and plates with different colored sprinkles on the counter. Dip pretzel sticks in chocolate to cover, then quickly roll in the colored sprinkles or decorating sugar. Lay covered pretzels on wax paper and let set completely, about 30 minutes. Place decorated pretzels in a container layered with waxed paper and refrigerate until you’re ready to eat!
Apple Note Cards

What You Need:
Blank note cards, or card stock folded to desired size
Green stamp pad
Brown marker or crayon
Red washable paint
Paper plate
Paint brush
Newspaper to cover the table

What You Do:
Cover your work area with newspaper.
Pour some paint onto the paper plate. Using the paintbrush, spread it around evenly.
Tell your child that she’ll be dipping only the palm of her hand into the paint, not her fingers or thumb. Assist her in dipping her hand into the paint. Use the paintbrush, if you need, to even out the paint on her palm.
Help her press her palm onto the bottom of the card. If there’s enough paint left, have her stamp one more card.
Then re-dip her palm into the paint to decorate more cards.
Have your child wash her hands.
Now let your child stick her pointer finger onto the green stamp pad. This fingerprint will be the two apple leaves.
Help her direct her fingertip onto the top of the apple. It’s easier if you turn the card upside-down for this part.
Have her make two fingerprints for the leaves.
When the note cards are dry, make an apple stem between the two leaves using a brown marker or crayon.
At the top, have her write her name or a cute phrase such as, “You’re the APPLE of my eye!”
On the back of the card, write “Made with love by (your child’s name).”
Now that her card is completed, have your child write a note to a loved one. The recipient will love getting a "hand"-made card from your child!

Prayer for the Beginning of the School Year

Dear Lord, as we begin this new school year, we gather once again as your community of believers.
We thank you for the energy and spirit that you renewed in us through the summer months.
We thank you for the time to enjoy our family and friends and to reflect on what is important in our lives.
Let this year be marked by enthusiasm and love so that, with the inspiration of your Spirit, we may continue to grow in our faith.
Help us to fulfill Your hope for us with honest intentions and works of faith.
Let us be gentle with ourselves and bring laughter, joy and love to others.
We ask this in your name. Amen.

Source: Christ the King Elementary School
http://www.yesnet.yk.ca/schools/ckes/pdf/news_aug_sept_06.pdf
Submitted by Mary Raetz