June 12
after both services

June 12 after second service
Picnic provided by Sunday school
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td><strong>SUNDAY</strong></td>
<td><strong>MONDAY</strong></td>
<td><strong>TUESDAY</strong></td>
<td><strong>WEDNESDAY</strong></td>
<td><strong>THURSDAY</strong></td>
<td><strong>FRIDAY</strong></td>
<td><strong>SATURDAY</strong></td>
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<tr>
<td><strong>High School Bible Study</strong></td>
<td><strong>Congregational Meeting</strong></td>
<td><strong>June 12</strong> after second service Picnic provided by Sunday School</td>
<td><strong>June 19</strong> Graduate Recognition At both services</td>
<td></td>
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<tr>
<td><strong>June 5, 1:00 - 3:00</strong> Young Adult Brain Trust</td>
<td><strong>June 19</strong> Youth Group Hikes Beacon Rock! <strong>June 26, 1:00 PM</strong></td>
<td><strong>June 1</strong> 1:30 PM Avamere Bible Study</td>
<td><strong>June 2</strong> 10:00 am Quilting For Kids</td>
<td><strong>June 3</strong> FOOD BASKETS DELIVERED BY HUMAN CARE</td>
<td><strong>June 4</strong> FOOD BASKETS DELIVERED BY HUMAN CARE</td>
<td></td>
</tr>
<tr>
<td><strong>June 5</strong> 8:00 am Communion Worship</td>
<td><strong>June 6</strong> 9:15 am Sunday Classes</td>
<td><strong>June 7</strong> 10:00 am Praise Team</td>
<td><strong>June 8</strong></td>
<td><strong>June 9</strong></td>
<td><strong>June 10</strong></td>
<td><strong>June 11</strong></td>
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<td></td>
<td><strong>June 9</strong> 9:15 am Sunday Classes</td>
<td><strong>June 10</strong> 10:00 am Praise Team</td>
<td><strong>June 11</strong> 1:30 PM Avamere Bible Study</td>
<td><strong>June 12</strong></td>
<td><strong>June 13</strong></td>
<td><strong>June 14</strong></td>
</tr>
<tr>
<td><strong>June 12</strong> 8:00 am Worship with Children’s Sermon <strong>VOTER’S MEETING</strong></td>
<td><strong>June 13</strong> 9:15 am Sunday Classes</td>
<td><strong>June 14</strong> 10:00 am Praise Team</td>
<td><strong>June 15</strong> 1:30 PM Avamere Bible Study</td>
<td><strong>June 16</strong> <strong>NEWSPAPER DEADLINE</strong></td>
<td><strong>June 17</strong></td>
<td><strong>June 18</strong></td>
</tr>
<tr>
<td><strong>6th Annual VBS</strong></td>
<td><strong>June 19</strong> 8:00 am Communion Worship <strong>GRADUATE RECOGNITION</strong></td>
<td><strong>VOTER’S MEETING</strong></td>
<td><strong>June 20</strong></td>
<td><strong>June 21</strong></td>
<td><strong>June 22</strong></td>
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<tr>
<td><strong>June 20</strong> 8:00 am Worship with Children’s Sermon <strong>GRADUATE RECOGNITION</strong></td>
<td><strong>June 21</strong> 9:15 am Sunday Classes</td>
<td><strong>June 22</strong> 10:00 am Praise Team</td>
<td><strong>June 23</strong> 1:30 PM Avamere Bible Study</td>
<td><strong>June 24</strong></td>
<td><strong>June 25</strong></td>
<td><strong>June 26</strong></td>
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<tr>
<td><strong>June 26</strong> 8:00 am Worship with Children’s Sermon</td>
<td><strong>June 27</strong> 9:15 am Sunday Classes</td>
<td><strong>June 28</strong> 10:00 am Praise Team</td>
<td><strong>June 29</strong> 1:30 PM Avamere Bible Study</td>
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</tbody>
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1 Peter 4:10
Each one should use whatever gift he has received to serve others, faithfully administering God’s grace in its various forms.

Dear Members of Prince of Peace,

I believe that I am truly blessed to have been offered the opportunity to serve as your Congregation President for the past two years. Your faith and trust in my abilities to nominate and elect me humbles me. While I know that I have tried to do the very best that I could do as a leader for this congregation, I can only pray and hope that it met with your approval now that my term is at it’s end.

When we think of the gifts that God has bestowed upon us…there are so many opportunities for all of us to serve Him. Prince of Peace has so many loving hearts, generous souls and leaders among us. We should not ever be worried that we cannot fill a vacancy. Perhaps we worry in the interim, but remember that God hears all of our prayers and He will provide answers to us in His good time. He has blessed each of us with talents. You may not realize that you possess these talents, but friends and family see them each and every day. Passions and interests are also opportunities for us to serve.

Thank you to all of you for your service here at Prince of Peace. It has been a pleasure to get to know many of you better and learn about the gifts you share either openly or behind the scenes. Each and every one of you contributes something to this congregation and makes it a beautiful place to be.

May the Lord grant you all peace,
Kristina Cook

Thanks

Church Council

There is a brief voter’s meeting after each service on 6/12 to approve the 2011-12 Nominated Slate for the Open Council positions.

There’s a Picnic sponsored by Sunday School following the second service meeting.
Council Highlights

May 17, 2011

Love, Inc.- Joyce Maier came to share a little bit about what Love, Inc. (a local non-profit) does for our community. Love, Inc. helps churches to help people in the community. They focus on the people living within the Beaverton School District boundaries and work with about 40 partner churches. Love, Inc. has a volunteer phone line where people can get connected to the help they need. PoP could help by in a number of different ways. All we would need is a few volunteers and possibly a dedicated space to get started. Love, Inc. is also in need of more volunteers to help staff some phone line vacancies.

Abuse Prevention Training- This has been rescheduled for June.

Fingerprinting Requirements for Background Checks? - For volunteers, fingerprinting is not necessary. This practice will continue with school employees.

Nominations for 2011 Election- The nominating committee consists of Jeff Oltmann, Pastor Dan, Sharon Kravitz, and George Thurston. Steve Bailey and Dave Suryan are willing to serve as Elders, and other congregation members are still prayerfully considering available opportunities.

PoP Website Update- The Leader Team met with Jon Raines this week. Jon presented four website options for us to consider. The school will pay for the initial setup costs. Monthly fees would not exceed $500 per month and will be shared by the church and school.

School Director Search Update- Lynetta Colbert has accepted the School Director position. She will begin working with the school this summer.

Space Utilization- George suggested that representatives of the School Board along with the Leader Team present proposals about how our available space should best be used. In addition, we are now looking at contracting with an outside company to get the Parish Nurse space up and running in a timely manner.

PoP Historian- Mary Raetz is willing to serve as the PoP Historian. She will work on keeping unofficial church records as well as archiving existing photos and documents. Following church events, digital photographs can be sent to Mary for organization and collection.

PoP Assimilation Director- Betty Stern is serving in this capacity. She follows up with visitors, monitors the blue attendance folders, and ensures that new members fill out the “Time and Talent Surveys.” Pastor emphasized that we need to acknowledge the efforts of both our new Historian as well as the continued work of our Assimilation Director. Jeff suggested that perhaps her position should be called the Engagement Director.

Copier Use (June Meeting)- An audit is taking place. We will talk more about this in June.

Voters’ Meeting- This is scheduled for June 12th

Changing Demographics- Darlene shared a newspaper article highlighting how our community has a growing Asian and East Indian population. She also explained how Pastor Dan’s “Good Shepard” sermon inspired her to think about how we can make PoP more welcoming to community members from diverse ethnic backgrounds.
Youth & Family Activities

JEFF Kranich

Young Adult Brain Trust! 20 & 30 SOMETHINGS. We gather on Sunday, June 5, 1:00-3:00pm at the CLC to munch cookies and make plans for Mid-Range Mayhem! God knows where you are and where you want to go. Let’s get together to find some support for the journey, and have some fun as a group along the way! If we put our heads together, who knows what kind of trouble we could create?! Come be a part of the revolution! See you there!!

Prince of Peace Sunday School Picnic! Hang out with us after the late service on Sunday, June 12, on the Patio between the Church and CLC! We will provide the Burgers, Dogs and Dessert. You bring your favorite beverage and a Side Salad to share. After we eat we’ll have old-fashioned Picnic Games for kids of all ages (Egg & Spoon Relay, 3-legged Race, Balloon Games) and we’ll finish with a huge Water-Balloon Toss. Don’t miss out - get it on your calendar and sign up TODAY!! Everyone is invited!

Congrats to Grads! High School graduation is a huge Milestone, and we want to celebrate that moment for our Grads with a special recognition and gift on Sunday, June 19 during both the 8:00am & 10:30am worship services. If you’re graduating, plan to be at worship here at PoP with your parents on Sunday, June 19, so that we can honor you and celebrate your accomplishment.

Pandamania Hits PoP for VBS! Vacation Bible School at PoP kicks off this year on Monday, June 20 and runs all week through Friday, June 24, 9:00am-11:30am each day. Registration forms are available in the Church and School offices, so pick yours up, fill it in and turn it in TODAY. You don’t want to miss this great celebration of our place in God’s Family. Sign up TODAY to attend! We are also looking for talented volunteers to help staff our program - if you would like to join our team contact the Church Office!

Youth Group Hikes Beacon Rock! On Sunday, June 26, we meet at 1:00pm at PoP to carpool over to Beacon Rock - one of the biggest Monoliths in the world - and hike it all the way to the top! This is a free family event for youth from 5th to 12th Grade. Parents are welcome to join us for the trek. Grab a Permission Form and sign up TODAY for this aerobic outdoor event. Bring a Sack Lunch to eat on the way, and prepare for a breath-taking climb and view of the Columbia River Gorge from the top of the Rock. We return to PoP by 5:00pm.
Sleep Solutions

Sleep is essential to our health. Inadequate rest hinders our ability to think, to handle stress, to control our emotions, and to maintain a healthy immune system. In fact, a study in the Archives of International Medicine found that people who sleep less than seven hours a night are three times more likely to get a cold than people who sleep eight hours or more a night.

If you struggle with getting to sleep, try these helpful suggestions:

- **Pray.** Use the quiet time to turn your problems over to God so that you can rest comfortably in His care.

- **Avoid snacks.** In particular, avoid grains and sugars. They raise blood sugar and inhibit sleep. Later, when blood sugar drops too low, you might wake up and not be able to fall back asleep. Avoid eating at least three hours before bedtime so that your digestive system will be settled by the time you’re ready to sleep. (You also cut daily calories that way.)

- **Don’t watch TV.** If you do, at least watch a relaxing show. If the show is too stimulating to the brain, it will take longer to fall asleep.

- **Avoid alcohol.** Alcohol makes you drowsy, but you will often wake up several hours later, unable to fall back asleep. Alcohol will also keep you from falling into the deeper stages of sleep, where the body does most of its healing.

- **Don’t change your bedtime.** Try to go to bed and wake up at the same time each day, even on the weekends. This will help your body get into a sleep rhythm.

- **Exercise regularly.** Exercising for at least 30 minutes every day can help you fall asleep. However, don’t strenuously exercise too close to bedtime or it may keep you awake.

- **Go to bed when you’re tired.** If you don’t fall asleep within 15 - 20 minutes, get up and do something else. Do the opposite and actually try to stay awake. Don’t agonize over falling asleep. The stress will only prevent sleep.

WALK WITH POP is Back!

Please join us:
June 25th, 8:30  CLC
Rain or Shine!
Prayer shawls are lovingly made by knitters or crocheters with prayer for recipients who are in need of prayer and comfort, such as those with serious illnesses, loss, depression, a shut-in or any caregivers. A shawl is visible proof that someone cares for and is praying for the wearer. The shawls have been blessed and we hope that the wearers will feel God’s arms around them. If you know of someone who would use a prayer shawl, please let the Pastor, Jeff, the church staff or the Healthcare Ministry Team know.

Shawls can be made of any soft yarn, approximately 60 X 27 inches if a rectangle, or long enough at the top to wrap over the shoulders if a triangle. There is a pattern below, or use your own. Variety is best.

Yarn is available for those who would like to knit/crochet a shawl. Any type of yarn can be used, but if the shawl contains wool, it would be best to label it as such for those with wool allergies. Anyone can create a prayer shawl, contributions welcome.

**Knitting Directions:**
Materials: 3 skeins of Lion Brand Homespun yarn (available at Michael’s or Joann’s)
Size 11 or 13 knitting needles

Pattern: Cast on 57 stitches.
First row: *Knit 3 stitches, Purl three stitches.* Repeat from * to * to end of row. Turn.
All subsequent rows: Knit the purl and purl the knit stitches.
You will begin every row with knit.
A weave pattern will develop. Knit up about 2 and 2/3 skeins
in the pattern. Bind off and use the remaining yarn for fringe, length of fringe up to you.

**Knitter’s Prayer:** Weave prayers into the shawl as you knit. Begin with a prayer for blessing the shawl. Then, pray for the person who will receive the shawl as you are making it.

In the name of the Father the Creator, the Giver of Life, the Holder of Time; in the name of Jesus the Savior, the Healer, and the Lifter of Pain; in the name of the Spirit the Comforter, the Consoler, the Sustainer of Life: I knit this shawls as a mantle of caring. I knit a mantle of protection, I knit a mantle of wholeness. I knit a mantle of strength. I knit a mantle of healing. I knit a mantle of patience. I knit a mantle to enfold you. I knit a mantle to encircle you. I knit a mantle to empower you. May this prayer shawl warm and comfort you when you’re weak and weary.

O Christ, who healed the broken in body and spirit, be with all who suffer today. Be with doctors, nurses, technicians, and all that care for the sick. Be with families and friends of those who love and comfort the sick. May your gentle yet strong touch reach out to heal all the broken and hurting people and places in our world.

A prayer shawl, in the time of need, is like having God’s arms around you.
I ask this in the Name of Jesus Christ our Lord and Savior. Amen

If you would like to make shawls, using your own yarn or some we have available, or if you know someone who would use a prayer shawl, please let someone know.

Thanks,

Margo Mayer: 503-645-5764, wmmayer@mindspring.com
Jennis Taylor: 503-645-7742, longlook@comcast.net
Food Pantry Needs
Sugar & Flour
Crackers
Peanut Butter
Jams & Jellies
Chili
Dry Cereals
Dry Beans
Spaghetti Sauce
Top Ramen
Canned Corn

Important
We are, again, very needy.
Please don’t forget us over the summer months!

Food Pantry Needs
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Quilting News
Quilting for Kids
June 2, 10:00
July 7, 10:00
Contact Mary Raetz
503-629-2025

Knot Tiers
June 13, 1:00
July 11, 1:00
Contact Anne Seim
503-646-7700

Count your blessings the month of June.
We will be collecting blessing boxes in July.
Our blessings will be given to Care to Share

This is a note received by Betty Stern
We want to thank you (Knot Tiers) for the quilts you donated to Lutheran Community Services NW for our refugee resettlement program. The quilts will be used to help a refugee family as its members face the overwhelming challenge of rebuilding their lives in their new home.

It is because of you and people like you that we are able to serve. In the words of Margaret Mead:
“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have.”

Thank you for helping us give light.

With gratitude,
Stefani Bloch
Lutheran Community Services

Pacific Pops Concert
(light, fun music)
Saturday, June 4, 3:00 PM
Christ United Methodist Church
Meet at Prince of Peace at 2:15PM to carpool
Cost: $0000

Sign up sheet is on the Amazing Grays Bulletin Board
# Devotional Guide

**Scripture helps to prepare yourself for Sunday Worship**

<table>
<thead>
<tr>
<th>Date</th>
<th>Sunday/Event</th>
<th>Readings</th>
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<tbody>
<tr>
<td>June 12</td>
<td>Day of Pentecost</td>
<td>Acts 2:1-21; 1 Cor 12:3b-13; John 20:19-23</td>
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<tr>
<td>June 19</td>
<td>The Holy Trinity</td>
<td>Gen 1:1-2:4a; 2 Cor 13:11-13; Matt 28:16-20</td>
</tr>
<tr>
<td>June 26</td>
<td>Lectionary 13</td>
<td>Jer 28:5-9; Rom 6:12-23; Matt 10:40-42</td>
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## Birthdays

<table>
<thead>
<tr>
<th>Number</th>
<th>Name</th>
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<tbody>
<tr>
<td>2</td>
<td>Elnora Bender</td>
</tr>
<tr>
<td>3</td>
<td>Brian Fitzgerald</td>
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<tr>
<td></td>
<td>Bill Anzur</td>
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<tr>
<td></td>
<td>Sean Fitzgerald</td>
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<td></td>
<td>Patti Nicoll</td>
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<td></td>
<td>Giusseopia Scaccia</td>
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<td></td>
<td>Emily Plank</td>
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<td>4</td>
<td>Michael Hoard</td>
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<tr>
<td>5</td>
<td>Alden Kaye</td>
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<tr>
<td>12</td>
<td>Mark Mayer</td>
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<td>Michael Timmerman</td>
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<td>14</td>
<td>Noah Prins</td>
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<tr>
<td>16</td>
<td>Rich Schmidtke</td>
</tr>
<tr>
<td>18</td>
<td>Eunice Rech</td>
</tr>
<tr>
<td>21</td>
<td>Raymond Legault</td>
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<tr>
<td>24</td>
<td>Ellen Jordan</td>
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## Anniversaries

<table>
<thead>
<tr>
<th>Number</th>
<th>Year</th>
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<tbody>
<tr>
<td>6</td>
<td>1981</td>
<td>Nancy &amp; Tim Lydon</td>
</tr>
<tr>
<td>7</td>
<td>1957</td>
<td>George &amp; Eunice Franzen</td>
</tr>
<tr>
<td>9</td>
<td>1973</td>
<td>David &amp; Betty Suryan</td>
</tr>
<tr>
<td>12</td>
<td>1970</td>
<td>Bob &amp; Sharon Collin</td>
</tr>
<tr>
<td>12</td>
<td>1965</td>
<td>Bill &amp; Marilyn Anzur</td>
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<tr>
<td>17</td>
<td>1967</td>
<td>Erwin &amp; Sharon Wichner</td>
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<tr>
<td>21</td>
<td>1997</td>
<td>Raymond &amp; Jennifer Legault</td>
</tr>
<tr>
<td>21</td>
<td>1986</td>
<td>Chris &amp; Patty Camplair</td>
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<tr>
<td>21</td>
<td>1980</td>
<td>Jeff &amp; Becky Kranich</td>
</tr>
<tr>
<td>22</td>
<td>1996</td>
<td>Ruth Rehley and Christopher Pond</td>
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<tr>
<td>22</td>
<td>1968</td>
<td>Carol &amp; Ed Washburn</td>
</tr>
<tr>
<td>23</td>
<td>1947</td>
<td>Bernie &amp; Norma Constable</td>
</tr>
<tr>
<td>26</td>
<td>2004</td>
<td>Armon McDowell &amp; Char Dietterich</td>
</tr>
<tr>
<td>27</td>
<td>1998</td>
<td>Larry &amp; Kim Arnold</td>
</tr>
<tr>
<td>28</td>
<td>2008</td>
<td>Dan &amp; Karina Wehrspann</td>
</tr>
</tbody>
</table>
God Bless America

Flag Day
June 14th

To Learn about Flag Day and the history of our flag go to:
http://www.emotionscards.com/trivia/fourthofjuly/flagday.html

Patriotic US Plant Pot Craft

Supplies needed:
• An unglazed terracotta plant pot
• Red, white and blue acrylic paint
• Paint Brushes

Paint the rim of the flowerpot white and the lower part of the pot blue (or paint the rim blue and the lower part white). Let the paint dry. A second coat may be needed, especially for the white paint.

Paint white stars on the blue portion. Paint red stripes on the white part. You now have a wonderful patriotic plant pot.

Flag Day Word Scramble

by PartySuppliesHut.com

flga

gylor

dre

eihtw

ebul

rsats

ptseirs

miareca

ethnam

enlioose

saestt

sau

Happy Father’s Day Card

You can use the following page to make a Father’s Day card.

Just remove the page, color the picture, put your name in the “made by” box, fold in half and put anything on the inside you want!

I pledge allegiance to the flag of the United States of America and to the republic for which it stands: One Nation under God, Indivisible, with liberty and justice for all.
I THANK GOD

YOU ARE MY DAD

DAD

#1

Made By