

Prince of Peace Lutheran Church and School

# PARISH PRINTS



May 2009

## From the Pastor...

In the last ten days I've been privileged to travel to southern California, and drive to Bend. The former provided the opportunity to drive a U-Haul to El Cajon with my son Micah; the latter was a pastor's conference. The former was a wonderful time to get reacquainted since I hadn't seen Micah and Carrie since my wedding last June 28<sup>th</sup>; the latter was a time to renew old friendships, make some new ones, and get caught up on life's business - as many brothers and sisters had not heard of my wedding, nor my digital loss three weeks before the wedding.

The time with Micah and Carrie was great. We took many cubic feet of "stuff" to fill his house and garage - the stuff that had been filling my house and garage. But it was much more than a stuff-moving trip. There was time for caring conversation - as they shared their excitement with the upcoming birth of my grandchild! There was time for reflection - on the loss of one so dear to all of us. There was time for laughter and joy - just being ourselves. We were truly AAA family with each other - available, authentic, and affirming. Now I didn't stop and think "how can I be available, authentic, and affirming?" It just comes naturally. I'd give my life for my kids, and they know it. That has been part of our commitment since day one. And they would do the same for their dad. Available, authentic, and affirming are great family descriptive words.

The time in Bend also used the concepts of available, authentic, and affirming. Dr. Dale Meyer, former speaker of the Lutheran Hour and current president of Concordia Seminary-St. Louis, reminded us of the need to be available, authentic, and affirming with the new graduates coming into the parishes in our district. In his Bible Study on "discernment" Rev. Mike Warmbier reminded us of our image as we see ourselves as pastors in Christ's Church; and in her LifeJourneys® Ministries presentation, Carolyn Schoenborn reiterated the same principles - as they are carried out by you, the laity.

One can't get away from the simple characteristics of living our faith - available, authentic, and affirming. For the last couple of weeks AAA has been a neat part of my life. Because of the situations it was probably more noticeable - people I don't regularly visit with face-to-face shared some wonderful memories and words.

But we are called to act accordingly in our day to day relationships as well - as we visit with our spouses and children; our co-workers and friends; fellow classmates and teachers. We label the process AAA so that we realize just how important it is to carry it on, yet we probably don't think of it as such until the day is over and we think back over what we have said and done.

Simple words - available, authentic, and affirming - yet so viable to our daily living. As we continue the opportunities for passing on faith to the people around us, we remember just how available, authentic, and affirming Jesus was with us, and we take our cue from Him!

There is a reason for our being here on this earth - to proclaim the love of Jesus wherever we are, so that more may know whose we are and how wonderfully we've been received into His family.

May our words and actions be winsome as we stay available, authentic, and affirming - in our calling and in our lives.

Peace.  
Pastor Dan

**Prince of Peace Lutheran  
Church and School**

503-645-1211

www.princeofpeacecl.org

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**Caring Conversations**

As the church council read and had devotions from the book, Frogs Without Legs Can't Hear, we came to chapter nine. It talked about the first key to nurturing faith in the home and congregation; Caring Conversations. It discussed that the "Christian faith is transmitted from generation to generation through personal trusted relationships that share the stories of the family, the faith, and the Bible."

We share these stories through the conversations we have with our family and others. These conversations tell a great deal about us and our faith, how we have lived and do live our lives. That is why it is so important to share these stories as they reinforce how important our faith in God really is. Are these conversations only held between husband and wife or just with your children? No, it is important for all of us to have these with not only your immediate family, but with your extended family, your friends, members of the congregation and others that you want to influence and let know that God was and is a big part of our lives. These conversations are not just telling stories, but as with any conversation, we should make sure we also listen to those with whom we have these conversations. Finding time in our busy lives can be a challenge. Sometimes we have to establish schedules to make sure they happen. I know, that is harder than it sounds sometimes; but when things are worthwhile, they may not always be easy.

How do you judge if you are successful with holding caring conversations? "I talk about this subject with my spouse once a month?" Probably not. I think the biggest benefit is not how often or with whom, but the fact that you have them. Extending outside your immediate family is a definite plus...especially those from the ages of 13 to 30 as they will benefit the most. Reach out and have that Caring Conversation with someone. Maybe even write an article for a future newsletter describing what took place...a faith story. That would definitely encourage others to have those conversations also.

**Ray Legault**

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**Council Conversations**

For our spiritual study this month Pastor had us working the Faith Talk from the Sunday service take home sheet; Mark 16:1-8, Christ's rising and the reaction of the witnesses. It all comes down to "Faith is the bottom line even when we have no idea how the stone is going to be rolled away."

Karina made an impressive presentation of her and Pam's proposed Parish Nurse Program. She had samples of the handout that will be used once the program is officially launched. There are still some details to be worked out, so fall is scheduled to be the "go" time frame.

Prince of Peace has been invited by Marilyn Sharpe of The Youth & Family Institute to participate in their coaching program. The program "...helps you discover what God can do in your life and in your ministry." As well as "...gives you the tools you need to remain focused on your priorities and keep your ministry moving forward." Along with the program, we've also been given the opportunity to apply for a grant to help defray the cost of the course. Council voted to accept the coaching offer and apply for the grant. As of this writing, the grant application has been submitted.

Submitted by  
Jackie Fishkin, Recording Secretary



## Parish Nurses Expand Role

Twelve years ago, "Parish Nursing" began at Prince of Peace. Since its inception the nurses do blood pressure screening, informal counseling and education. They put on a health fair, and facilitated the purchase of the automatic defibrillators.

Because the wellness needs of our congregation have been changing, the role of Parish Nurse has changed. In 2008 Pam Krautscheid RN, BSN and Karina Wehrspann MN, APRN completed the basic Parish Nurse course provided by the Northwest Parish Nurse Ministries. They are looking forward to implementing a new program here at Prince of Peace.

### What is it?

A Parish Nurse (PN) is a Registered Nurse who has taken a basic Parish Nurse course, and works with the ministerial team at Prince of Peace. The PN does not do "hands on" (invasive) care or duplicate other available nursing or medical services, but seeks to creatively bridge the gaps identified in the health education and care delivery system.

At PoP, the PN will provide a specialized practice of professional nursing that focuses on a holistic (mind, body, and spirit) health approach and preventing or minimizing illness within the PoP congregation. "Care of the spirit" is what makes PN different from other nursing care.

The PN will serve in a variety of roles at Prince of Peace. These roles may include the following:

- *Integrator of Faith and Health* - Assists parishioners to achieve higher levels of wellness by improving both spiritual and physical health.
- *Health Educator* - Provides opportunities to learn about health issues.
- *Health Counselor* - Discusses health concerns, emphasizing early response to small problems and encouraging healthy lifestyle changes.
- *Referral Advisor* - Provides referral to community healthcare and social services.
- *Health Advocate* - Speaks out to help members of the congregation or community to obtain needed health-related services.
- *Developer of Support Groups* - Facilitates the development of support groups for PoP.
- *Volunteer Coordinator*- Recruits, prepares and oversees congregational volunteers who help those in need.

Here is what you can expect over the next 6 months as we launch this ministry.

1. Form a Health Ministry Committee - members of the congregation representing the varying age and family groups of the congregation. They will oversee the PN program.
2. Perform a congregational Healthcare Needs Assessment.
3. Continue monthly Blood Pressure screening on the 3rd Sunday.
4. Present monthly newsletter articles.
5. Eventually, provide staff for one-on-one counseling on a weekly basis.

We thank Pam Haugen, RN, and Kim Arnold, RN, for their Sunday morning assistance, and look forward to utilizing their gifts in this ministry. We also appreciate the support and resources we receive from the Parish Nurse Coordinator at Tuality Healthcare as we become a part of Northwest Parish Ministries.

We are very excited to be starting this new ministry, We feel very blessed to be able to serve God through our gifts as nurses and pass this on to you. We ask that you continue to pray for this ministry as we develop it for our congregation.

Peace be with you.

Pam Krautscheid  
503-645-2474

Karina Wehrspann  
503-645-0436





## Prayer Shawl Ministry:

I am pleased to announce the formation of a Prayer Shawl Ministry at Prince of Peace.

I have been making prayer shawls for quite some time and have thought that we have an opportunity to meet the needs of our members and loved ones with a very precious gift.

A prayer shawl can be knitted or crocheted with the intention of bringing God's love and comfort to those in need. They are given to anyone who needs a tangible reminder of God's presence.

The expanded Parish Nurse program would like to have shawls as part of their ministry...so, we are born!

Currently, I have offered sharing our meeting time with Quilting For Kids who meet the Sunday before the first Monday at 12:30 and first Monday at 10:00. These meetings are in my home and open to all. If you don't know how to knit or crochet, I will do my best to teach you! All I ask is that you let me know if you are coming so I'll know how many to prepare for.

Don't knit or crochet...don't want to learn...but want want to be part of the ministry? You can donate to the ministry for purchase of yarn.

We have a designated fund account so just mark your donation "Prayer Shawl Ministry" and our fearless counters will get it in the right column! We are so blessed at Prince of Peace to have your support of so many ministries. I know you can't contribute to all but if you feel that this ministry is "THE ONE", we appreciate your support.

Please feel free to contact me with questions or if you want to be part of the ministry.

**Mary Raetz, 503-629-2025, [mary@raetzfamily.com](mailto:mary@raetzfamily.com)**  
Prayer Shawl Ministry and Quilting for Kids

(Photo: [www.lionbrand.com](http://www.lionbrand.com))

## Human Care Committee

THANK YOU to the Pre-school families for their food donations this past school year.

You really make a difference!

We served another 32 people this past month. Each month it is the same or more. All the recipients are so very grateful for the food received.

We wish to remind our members to keep the food donations coming and not let down during the summer. We will not have the weekly food the school donates. Mark the first Sunday of each month for food delivery as it is Good Samaritan Sunday. It is such a blessing to those receiving your gifts!

Items we run out of often are peanut butter, jams and jellies, crackers, toilet paper, Top Ramen, and spaghetti sauce. Donations of fresh foods are also very welcome.

Bev Cathcart



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## Thrivent Builds Habitat for Humanity

The home is moving along at an excellent pace. Roof trusses and sheathing were installed this past week. Next is rough interior plumbing and electrical work, roofing materials are scheduled to be delivered then the house wrap process will begin.

Normally, 8 - 10 volunteers are needed each day. Please check with Anna Wendt, Volunteer Coordinator to confirm needs of the day. 503-844-7606.

What you can do:

- Come see the home on Saturday, May 16, 10am - 1pm or Sunday, May 17, 12:00 Noon - 3pm. 160<sup>th</sup> & Farmington Rd.
- Pray for the safety of the volunteers and for God's guidance for this project
- If you can't volunteer, consider contributing. Envelopes are available on the bulletin board by the church office.

Val Schmitt, Congregational Coordinator



# PoP is Under Construction



A big Thank You to the 17 Spring Clean-up volunteers who helped clean the church and grounds on Saturday, April 4. Inside helpers were Sandy Anderson\*, Larry Arnold, Kim Goudy, Marlene Knechtel, Bev Peloquin\*, Brian and Darlene Thauland, Jody Thurston and John Warren.

The outside team included Bert Cathcart, Les Fishkin, Paul Goudy, George Kadaplakel (IIC Rep.), Bill Mayer, Dick Nicoll and Dick Zschoche.

\*Bev and Sandy worked on other days because of schedule conflicts.

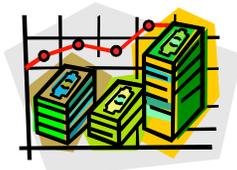
We will schedule the Fall Clean-up for mid-November after most of the the leaves have dropped

**George Thurston**, Director  
Admin. Services



General Offerings through April total \$82,130 compared to our Budget estimate of \$93,100 and \$104,105 for the four months of 2008. Council anticipated that giving in 2009 would be down because of the economic slowdown impacting most of us and the budget was adjusted accordingly. The decline in giving from 2008 is over 20% so far, somewhat more than what we are hearing from other churches. Council will continue to monitor the monthly offerings as we make decisions on spending during the year. As reported at the January Voters' meeting, Council will use operating reserves to assure our ministry goals are met. Please prayerfully consider your financial priorities as you plan your offerings for the rest of this year.

For the Council,  
**George Thurston**  
Director Admin. Services



## Playground Update:

We have accepted the bid of Mike Thurmond of Underground Contractors to construct a concrete wall from the SE corner of the playground tapering to the utility pole by the sidewalk. Cost to be less than \$5,000. The wall will be 3 feet at the SE corner by the sidewalk tapering to 8" to 10" at the pole. This should provide a safety barrier for the playground from westbound traffic on NW Cornell. Work is scheduled for late May after school is out.

The existing black panel Omega fence will remain in place and will be extended to replace the temporary chain-link fence left by the road contractor. We have all the fence poles, panels and hardware needed to re-install the Omega fence. We just need a crew of PoP volunteers to tackle this project after the wall is installed. I will be recruiting volunteers during May. Let me know if you are interested in helping.

**George Thurston**, Director - Admin. Services

## Prince of Peace Librarian Wanted!

It's time to revitalize our Prince of Peace Library. If you have a passion for Christian literature and a gift for organization you may be just the person we need to manage our Library as a valuable resource for all of our members. If you are interested please contact: Discipleship Director, Andy Westlund, at (503) 684-8519.



## Amazing Grays Three Hour Tour

Thursday, May 14, 10:30 am  
Touring retirement living at

**Springs at Tanasbourne**  
and  
**Laurel Parc at Bethany**

Lunch will be at 1:30 at Laurel Parc

Carpool from Prince of Peace at 10:30

**Anne Seim: 503-646-7700**

# Bulletin Board

## Voter's Meeting Sunday, May 17

Proposal for adding a fourth class and a temporary room assignment for the school year 2009-2010

After 10:30 worship

### Food Pantry Needs

Rice, flour, sugar, Top Ramen, crackers, mac & cheese, paper, mayonnaise.



## Quilting For Kids Garage Sale

Fri & Sat, May 8 & 9  
9:00 - 3:00

Come pick up a new treasure!

2945 NW Bauer Woods Drive

## Congregation & School Potluck Feast, Fellowship & Fun

Sunday, May 17  
Chili & Chicken Noodle Soup will be provided.

Please RSVP to Anne Seim  
503-646-7700

Please Bring  
Last names : A - L, Salad  
M - Z, Dessert

## We're Looking for VBS Volunteers

"Gadget's Garage, Jesus Makes  
All Things New"

June 15-19

Call Kim Goudy  
503-291-9142



Please pick up a Congregation Needs Assessment Survey in the Narthex. Return to church office by 5/17.

## Quilting News

Quilting for Kids May 31 <sup>st</sup> , 12:30 June 1 <sup>st</sup> , 10:30	Knot Tiers May 11 <sup>th</sup> , 1:00 June 8 <sup>th</sup> , 1:00
Contact Mary Raetz 503-629-2025	Contact Anne Seim 503-646-7700
No experience required!	

## Forest Hills Lutheran School

Invites you to an evening showcasing the talents of their students

Friday, May 8

6:00 - 6:45 stroll through the Art Gallery and Personal Project Fair

7:00 "American Ideal" - a musical takeoff of American Idol TV show

## Women's Study Group

Studying the Book of Mark

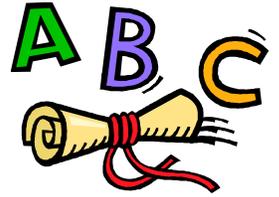
Meets on Tuesdays  
11:45 am - 1:00 PM  
Boardroom

Come as you are and bring your lunch!





# School News



*“My child, keep your father’s commandment, and do not forsake your mother’s teaching. Bind them upon your heart always; tie them around your neck. When you walk, they will lead you; when you lie down, they will watch over you; and when you awake, they will talk with you.”*  
*Proverbs 6:20-22*

Those caring conversations...they are as natural as walking, eating and sleeping. They are happening all the time. I am privileged to have many conversations with my two year old grandson, Joe. Joe celebrates life every minute of the day. “Look, Grammy, the squirrel is here.” “Hello, birds.” “Flowers are pretty.” And then he spontaneously bursts into a chorus of “Jesus loves me this I know...” These short conversations usually happen while taking a walk or at the park. I have the privilege of responding, “Oh, yes, Joe, Jesus loves you very much, and didn’t He give us a fascinating world to live in.” Bit by bit we converse about the joy-filled faith of life in Jesus. And we are both blessed by the experience.

Serving the One Who Cares,  
Darlene Thauland



## Chapel Offerings

Love for others was demonstrated through our chapel offerings this school year. The children learned about the joy of giving, and we pray that our dollars will help others through the various organizations.

- ❖ \$431.80 was sent to Casa de Los Angeles, a daycare and child development center in Mexico
- ❖ \$426.00 along with 6 boxes of personal care items and cleaning supplies was sent to Lutheran Community service, refugee relocation program
- ❖ \$289.00 has been collected so far for African SMILE.
- ❖ 345 ziplock bags each containing paper and crayons are on their way to Afghanistan to be distributed by John Eichenberger, kindergartner Isaac’s dad, who is stationed there.



It is always bittersweet as we come to the end of a school year. Of course we look forward to a summer with family and vacation and a time with unhurried schedules. But, on the other hand, it is hard to let the little ones that we have grown so fond of grow up and go on to the next level.

The teachers have done a marvelous job preparing these children to be successful as they proceed through their school years. More importantly, there have been many conversations about Jesus, about His love and forgiveness. We send these little ones on, praying that there will be opportunity to continue the conversation, passing on faith.

## FROM THE SCHOOL BOARD

### SPECIAL VOTER'S MEETING

SUNDAY, MAY 17

On May 17th a committee -Sharon Kravitz, coordinator, Jody Thurston, Sandy Anderson, Nancy Lydon and Andy Westlund - will present a proposal for a **TEMPORARY** classroom for the addition of a 4th Kindergarten class for the 2009-2010 school year. There are currently 26 children on a waiting list in addition to the current 3 kindergarten classes, each with 16 students. The size of the 4th classroom would depend on the size of the TEMPORARY site. What a blessing to be given another opportunity to have more children daily hear about Jesus!

If you are interested in serving on the School Board in this exciting time of expansion of POP Lutheran School, have a vision for the expanding ministry and would like to share your ideas - **YOU ARE NEEDED!** Please let your interest be known to Carolyn Sellke (503-671-9926), School Board chairman.

It's time for the annual review of the school's director and the school by the congregation members. A survey for your input will be handed to you on the 17th. Please take a few minutes to fill it out and return it. There will be a box provided in the hallway or they may be returned to the church office or put in the School Board message box. Your input about **YOUR** school is **VITAL** as the school grows and expands its ministry outreach to children and their families.

Pray for our teachers and the students as the school year draws to a close. With the concern of an outbreak of flu, also pray that all remain healthy and safe.

Carolyn Sellke, School Board Chairman

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## Concordia University Greece Tour in May 2010



Join Concordia University Professor and alumnus Michael Thomas on an eight-day trip through mainland Greece and the Peloponnese along with a three-day cruise through the Greek Islands. Destinations include Athens, Delphi, Olympia, Epidaurus, Mycenae, Corinth Canal, and Cape Sounion. The trip also includes a one-day cruise through the Saronic Islands near Athens and a three-day Royal Olympic cruise through the Mediterranean Sea featuring stops on the islands of Mykonos, Rhodes, Patmos, and Kusadasi, Turkey (ancient Ephesus). The focus of the trip will be on classical and ecclesiastical sites. This "trip of a lifetime" is open to everyone (students, alumni, and friends of CU). The trip will depart in May 2010 (specific date TBA).

The cost of the trip includes roundtrip airfare from Portland, ground transportation, seven nights in centrally-located hotels, meals (three meals daily during Mediterranean cruise, plus daily breakfast, one lunch and four dinners), one-day cruise through Sardonian Islands near Athens, three-day cruise through Greek Islands with stops in Kusadasi, Turkey (ancient Ephesus), museum and attraction entrance fees, bilingual tour guide, etc. The price of the trip is approximately \$3,796 (\$3,236 if under 23 years of age) with a \$95 deposit to secure your spot and current rates (Concordia students may be eligible for financial aid). Final payment of entire price is due no later than 99 days before departure. For more information regarding itinerary and pricing visit these sites: [Treasures of Greece; May 2010](#) and [View detailed itinerary](#). To learn more, contact Dr. Michael Thomas at 503-493-6429 or [mithomas@cu-portland.edu](mailto:mithomas@cu-portland.edu)



## Devotional Guide for May

### Scripture helps to prepare yourself for Sunday Worship

May 3	Fourth Sunday of Easter	Acts 4:1-12 Psalm 23 1 John 3:16-24 John 10:11-18
May 10	Fifth Sunday of Easter	Acts 8:26-40 Psalm 150 1 John 4:1-11 (12-21) John 15:9-17
May 17	Sixth Sunday of Easter	Acts 10:34-48 Psalm 98 1 John 5:1-8 John 15:9-17
May 21	The Ascension of Our Lord	Acts 1:1-11 Psalm 47 Eph. 1:15-23 Luke 24:44-53
May 24	Seventh Sunday of Easter	Acts 1:12-26 Psalm 1 1 John 5:9-15 John 17:11b-19
May 31	The Day of Pentecost	Ezek. 37:1-12 (13-16) Psalm 139:1-12 (13-16) Acts 2:1-21 John 15:26-27; 16:4b-15
June 7	The Holy Trinity	Is. 6:1-8 Psalm 26 Acts 2:14a, 22-36 John 3:1-17



### May Birthdays

- |                     |                       |
|---------------------|-----------------------|
| 2 Sarah Goudy       | 16 Bryan Dorn         |
| 3 Roy Stern         | 17 Chris Camplair     |
| Pauline Buchanan    | 21 Jeremy Legault     |
| Shirley Zschoche    | 23 William Prins      |
| Jean Jesse-Murphy   | 24 Lucille Dement     |
| 5 Steve Bjorklund   | Terry Taylor          |
| 6 Don Kaster        | 25 Patty Jones        |
| 8 Nathan Morris     | 26 Herb Van Dorn      |
| Vicki Bjorklund     | 26 Bill Mayer         |
| 9 Rob Kaster        | 27 Phyllis Bockelmann |
| 10 Jon Mannan       |                       |
| 13 Jennifer Romadka |                       |
| 15 Dot Godfrey      |                       |

### May Anniversaries



- |          |                           |
|----------|---------------------------|
| 3, 1962  | William & Mary Prins      |
| 18, 2002 | Doug & Jean Murphy        |
| 25, 1980 | Don & Suzanne Kaster      |
| 30, 2004 | Dave & Phyllis Bockelmann |

*God's Blessings on  
your special day!*