

PARISH PRINTS

February 2009

From the Pastor...

"I'm so busy," was the comment. "I just don't have the time to do what needs to be done anymore!"

Sometimes those words are spoken out of desperation; sometimes they are proclaimed like a badge of honor - a mark of our ability to withstand stress. The busier we are the more important we sometimes feel.

Have you ever said them? Or felt them? What was the reason?

Chances are, you needed a rest. And God speaks to that need of ours as well. So many times we are reminded of Jesus, who went away by Himself to the mountain or the quiet place to be with His God.

We need to enjoy the blessings of family and friends. We can begin a quiet revolution of change in ourselves and our families. Let us take a collective breath, rest, pray, meditate, walk, sing, eat and take time to share the unhurried company of those we love. Let us, for just one day, taste the blessings we have already been given, and give thanks. Religious traditions agree on this: God does not want us to be exhausted; God wants us to be happy. May we take time to rest.

How do you go about it? Perhaps the following can get you started.

Light a candle...

Set aside sacred time for a family meal, for prayer or meditation or simply quiet reading. Set a candle before you, offer a simple blessing and let the world fall away.

Practice thanksgiving...

Give thanks before meals, upon rising, when going to sleep. With ritual, we are less concerned with what is missing and more grateful for what has already been given.

Bless your children...

Place your hand gently on their heads and offer your blessing. What do you most wish for them? Self-knowledge, courage, safety, joy? Let them hear your prayers for their happiness.

Invite a pause...

Choose one common act -- touching a doorknob, turning on a faucet or hearing the phone ring. Throughout the day when this occurs, stop and take three silent, mindful breaths. Then go on.

Take a walk...

Stroll slowly to nowhere in particular for 30 minutes. Let your senses guide you. Stop and observe deeply whatever attracts you -- a tree, a stone, a flower. Breathe.

Create a remembrance box...

Put your to-do list, your keys, your wallet -- anything you don't need right at the moment -- into the box. Or write down a particular worry or concern and drop it in. Just for now, let it go.

Turn off the telephone...

Or the computer, the TV, the washer and dryer. Create a period of time when you will not be disturbed or seduced by what our technologies demand of us.

Reset your inner compass...

Make a list of the values and principles that guide your life -- both those you follow and those you would like to follow. Speak them aloud, alone or with loved ones.

Surrender a problem...

Remember that God is at work healing the world. God already knows how to solve your problem. Turn it over to God's care.

God doesn't want us to be exhausted ... he wants us to be fulfilled. May his blessings enrich your efforts.

Peace. Pastor Dan

**Prince of Peace Lutheran
Church and School**

503-645-1211

www.princeofpeaceclc.org

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Council Conversations



This past month our spiritual study from “Frogs Without Legs Can’t Hear” was about rituals and traditions. Pastor had handouts with various bible passages which we used for discussion of how often times rituals and traditions are part of life without us really being aware.

The hospitality improvements have nearly been completed. The bathrooms are freshly painted and a baby changing station has been installed. Installation of new light fixtures will make the project complete. Yay!

As Lenten season is quickly approaching, the subject of soup suppers came up. Discussions of re-tooling ensued, but since to do it justice, more time and planning will need to be put forth. So for this year, soup supper will be offered on Ash Wednesday only and school families will be invited as a part of the children’s Lenten education.

Jackie Fishkin, Recording Secretary

Prince of Peace Annual Mission Fair

Sunday, February 22, 2009
10:00 a.m.- CLC Gym

*Festival Worship (the school children will be singing)

*Visit booths from various local and global mission agencies

*View displays of student work about different cultures

*Sample pastries from around the world

[Jesus said] “Go therefore and make disciples of all nations...” Matthew 28:19

Voters Approve 2009 Operating Budget

At the January 25 special meeting, PoP voters approved the 2009 operating budget for the church with expenditures totaling \$381,198 (including mortgage payments of \$71,028). The 2009 budget is slightly less than the \$406,481 spent in 2008 reflecting Council’s concern as to the possible drop in offerings due to the current economic problems.

Salaries and wages for the Pastor and office staff are being held at 2008 levels. The Budget assumes the replacement of departing Phyllis Bockelmann with a new professional worker in September.

Council recommended the budget as presented based on accumulated operating reserves of \$69,266 which could be used to offset any shortfall in offerings and other revenues.

Copies of the detailed 2009 Budget as presented to the voters are available in the church office.

George Thurston

Adult Ed

When I was asked to serve as the Director of Discipleship for Prince of Peace last July, one of my first priorities was to establish three goals for Adult Education:

1. Offer one (and only one) **biblically based** and **culturally relevant** adult bible class each Sunday in CLC 111
2. Develop a simple class survey process and administer it at the end of each adult bible class series
3. Communicate adult bible class descriptions for the coming month to the church office in a timely manner (in time for current newsletter)

The rationale behind these goals is straightforward:

I want our members and guests to have a simple and consistent choice about where to go on Sunday mornings at 9:15. I also want to encourage feedback so our teachers and class offerings can continue to improve; and finally, I want to make sure our members and guests are informed about what we're offering each week.

I am pleased to report that the Lord has truly blessed our adult education program in 2008 - 2009! We have offered three different class series so far, along with two special 1-day classes. Average class attendance has been 21. Our survey scores indicate that our attendees are learning a great deal each week and enjoying the discussions and personal interaction. We are also receiving excellent feedback about what to offer in the future.

I am also pleased to let you know that we have an exciting program for the rest of the year. Beginning February 1st George Thurston and Bev Peloquin will be leading us through another decade of God's Grace: the 1950s. On March 15th Pastor Norm Metzler from Concordia University will lead a 4-week class on Pauline Theology. And on April 19th Jeff Oltmann will begin leading us through God's Grace in the 1960s.

If you have not been to an adult bible class recently I invite you to come and check it out. You'll be glad you did!

-Andy Westlund,
Prince of Peace Discipleship Director



Second Annual Women's Retreat!

Join us for a fun, interesting, engaging speaker by the name of . . . Phyllis Bockelmann! She has moved to Iowa, but she has graciously agreed to fly back and lead our retreat.

April 24-26 at the Cannon Beach Conference Center

The cost per person is \$145 (assuming shared rooms)

Saturday breakfast and dinner and Sunday breakfast are included in the price

(Private rooms will be available at additional cost)

Tentatively, Phyllis will base our lessons on a book by Patsy Clairmont called [I Second that Emotion: Untangling our Zany Feelings](#). Here is a blurb from Amazon about it:

"Popular speaker and author Patsy Clairmont wants you to know that emotions - even the not-so-pretty ones - are simply proof of our humanity. With her trademark humor, Patsy shares from personal experience and biblical stories to encourage women of God to untangle those emotions. A DVD and study guide make it easy to share the journey with other women."

I have seen a bit of the DVD from Ms. Clairmont and it is definitely entertaining. Patsy Clairmont *"uses humor to get across important points and insights"*.

It should be a time of the three R's: relaxation, refreshment, and recreation as we share God's word and reconnect with our sisters in Christ.

To sign up, contact: Anne Morris (503)970-9323

Hope to hear from you soon! **Anne Morris**

PoP is Under Construction



Cornell Road/143rd Project:

The quote from Steve Harms on the new retaining wall and leveling of the playground was higher than I expected. Wes Fenning is contacting another landscaper he works with at Four Square Church for another quote. Wes and I expect to make a decision soon.

Sign replacement - Beaverton sign permit is in hand. The plan is to install the lighted sign in place of the wood sign after the road project is completed. I would appreciate assistance in orchestrating the removal of the old sign and preparation of the base for the new sign.

Audio/Visual Room Upgrades:

Still to be done: Boardroom - purchase and mount a 40-42" HDTV that can be used with a DVD player or laptop. Also, replace the green chalk board with a new magnetic whiteboard.

We purchased two replacement lamps for the LCD projector in sanctuary \$225 each. One is a spare.

Special Projects:

Signage along 143rd. I suggest we consider a sign on the west side of CLC identifying the church and school.

Building Fund:

Offerings to the Building Fund totaled \$28,276 in 2008 compared to \$17,756 in 2007. Offerings were applied as additional principal payments against the mortgage. The mortgage principal was reduced by \$96,745 in 2008.

George Thurston



Anyone Interested?

I'm looking into a Christian Based Weight Loss Program. My idea is to base my weight loss program on Christian principles and sound nutrition but easy to follow and to have a support group that would meet once a week.

I'm studying various programs on the internet. If you are interested and a computer user, send me e-mail and I can let you know what websites I'm looking at so you can look too. If you're not a computer user, give me a call so I can keep you informed about what's happening.

Mary Raetz
mary@raetzfamily.com

Announcements

From Human Care

We have served 29 persons in January.

Thank you to Forest Hills Lutheran School for the \$100 check for our food boxes! We certainly can use it when purchasing the meat, eggs and milk. We spend over \$100 per month on groceries in addition to pantry items.

The Hillsboro Family Resource Center thanked us for our adopting three families for Christmas food and gifts. Over 360 families were helped this past holiday season. They look forward to partnering with us in the future.

The RSVP office in our church is sponsoring a food drive with the PreSchool for February. They felt a need to help people in our area. This seemed a good fit to educate our young ones that giving is carrying out Jesus' spirit toward helping all who need it. Some of our little ones notice us serving food bags to people who come on Fridays. We tell them others are not so fortunate as us.

Bev Cathcart



Food Closet Pantry Needs

CANNED FRUIT, CRACKERS, LAUNDRY DETERGENT, PERSONAL ITEMS SUCH AS SHAMPOO AND TOOTHPASTE, MAYONNAISE, CEREAL, TOILET PAPER, SUGAR



Quilting News

Quilting for Kids

Mar. 1st, 12:30

Mar. 2nd, 10:00

Contact Mary Raetz

503-629-2025

Knot Tiers

Feb. 9th, 1:00

Mar. 9th, 1:00

Contact Anne Seim

503-646-7700

No experience required!

Mission Fair

Sunday, February 22



One service only at 10:00



Festival Worship



Domestic & global missions

Pastries from around the world

Amazing Grays

Thursday, Feb. 12



Valentine lunch

Buffet Palace

Carpooling from PoP

begins at 1:00

The cost of lunch is \$5.00

Bring a valentine to exchange

Lenten Soup Supper

Ash Wednesday, February 25

5:30 in the CLC

This is the only soup supper during Lent.



Worship will be at 7:00 on Ash Wednesday and through Lent.

Women's Study Group

Meets on Tuesdays
11:45 am – 1:00 PM
CLC Room 111

Come as you are and bring your lunch!





GoodSearch is a search engine which donates 50-percent of its revenue to the charities and schools designated by its users. It's a simple and compelling concept. You use GoodSearch exactly as you would any other search engine. Because it's powered by Yahoo!, you get proven search results. The money GoodSearch donates to your cause comes from its advertisers – the users and the organizations do not spend a dime!

In 2007, **GoodSearch** was expanded to include **GoodShop**, an online shopping mall of world-class merchants dedicated to helping fund worthy causes across the country. Each purchase made via the GoodShop mall results in a donation to the user's designated charity or school - averaging approximately 3% of the sale, but going up to 20% or even more.

How does it work?

On the GoodSearch homepage, choose from thousands of organizations or add your favorite cause to our list. Search the Internet just like you normally would – the site is powered by Yahoo!, so you'll get high-quality search results.

Fifty percent of the revenue generated from advertisers is shared with the charity, school or nonprofit organization of your choosing. (This information is directly from the Goodsearch website, you can see additional information by going to: <http://www.goodsearch.com/About.aspx>)

At this time the church plans to use the revenue for an AV fund for the church and school. This could be used in a variety of ways: from website enhancement to new equipment to more or replacement DVDs. (much would depend on how much is raised)

Does it really work?

YES!

Prince of Peace is currently on the list of charities that will receive funds as we use the search engine.

How can you get started?

Go to www.goodsearch.com

In the box just below the logo you will see the line where you type in your search. But, before you do that, go down to the box below it that says "Who do you good search for?" The drop down menu will have Prince of Peace on the list, select this and you are all set. You don't need to select Prince of Peace each time, it is there until you change it.

I've been using it for a couple of weeks now, often several times a day and I have been very pleased with my results. Just remember, it is powered by Yahoo! So it isn't just a small search engine.

I have also made this my home page when I bring up the internet, ready to look for recipes or whatever. If you would like to do that and don't know how, give me a call and I'll try to help. If I can't help, we'll bring in my system administrator (my husband!) to help.

We have no idea how much revenue we will see from this search engine but any amount is a bonus since it costs us nothing, there's no extra time involved; if you are a web researcher you will be giving PoP a few extra nickels, dimes, quarters...dollars?

Happy Searching!

Mary Raetz



School News

Hearts

What would Valentine's Day be without hearts? How many different words can you think of with the word heart? There are: brokenhearted, fainthearted, hardhearted, heartache, kindhearted, tenderhearted, stouthearted, wholehearted, bighearted and more. The Bible contains more than 650 references to the heart.

What do some of the heart passages say? Here are some good ones to look up. Have a heart-to-heart talk about them with your family. Make them your Valentine-a-day for the month of the heart:

- | | |
|---------------------------------|-------------------------|
| 1.Psalm 28:7 | 15.Psalm 62:8 |
| 2.Acts 15:8-9 | 16.Hebrews 8:10 |
| 3.Psalm 31:24 | 17.Ephesians 5:19 |
| 4.Psalm 112:5-8,18,1 John 14:27 | |
| 5.Matthew 9:2 | 19.Romans 8:27 |
| 6.Acts 8:22 | 20.Psalm 73:26 |
| 7.2 Corinthians 3:3 | 21.2 Corinthians 4:6 |
| 8.James 4:8 | 22.Ephesians 1:18 |
| 9.Psalm 86:11 | 23.Hebrews 10:22 |
| 10.Psalm 40:8 | 24.1 Thessalonians 3:13 |
| 11.Romans 10:9,25.Psalm 33:11 | |
| 12.Psalm 51:10 | 26.2 Corinthians 9:7 |
| 13.Galatians 4:6 | 27.Colossians 3:15 |
| 14.John 14:27 | 28.Matthew 5:8 |

*The LORD is my strength and my shield;
my heart trusts in him, and I am helped.
My heart leaps for joy
and I will give thanks to him in song.*

Psalm 28:7

Loving Service

John 15:11-12 [Jesus said] "These things I have spoken to you, that My joy may remain in you and that your joy may be full. This is My commandment, that you love one another as I have loved you."

During the month of February the school children will have the opportunity to put their love for Jesus into loving service for others. They will enjoy making tokens of love to share with their families. They will exchange greetings of friendship with each other at annual Valentine parties.

Our chapel offering for February will go to Lutheran Community Services Refugee Relocation Program. Along with our monetary offering the children will bring personal care and household items to give to those who are beginning a new life in the Portland area. Even these little ones can learn the joy of lovingly serving others as they follow Jesus.

Serving With Love,
Darlene Thauland



Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14: 27



From the School Board

We continue to focus on our teachers



Tish Hull

Tish's family heritage is a lesson in geography. Her father's parents are from Tonno, Italy and her mother's family came from Colima, Mexico. Tish, her sister and brother (one sister passed away) were born and raised in San Francisco. Jeff and Tish have been married for 32 years and have 2 children, Dustin (26) and Nikki(24). Dustin's degree is from OSU and is a manufacturing engineer at Freightliner. Nikki received her marketing degree at Providence College in Rhode Island and is a consierge at the Westin Hotel - Villas in Maui. Since she loves to travel, I'm sure Maui is one of her destinations. Playing bunco, reading and cooking are additional interests. The POP kindergarteners are learning Spanish with Tish. She writes "I enjoy coming to work everyday and seeing the children's smiling faces. I love hearing the excitement in the voices of stories they tell me. How proud they are of themselves when they accomplish something, An example would be knowing their colors in Spanish."



Anitha Chandran

Anitha is also a lesson in global geography. She was born and raised in S. India with a younger sister and educated there. Her parents still live there. The Chandran family includes her husband and two children. Outside of the classroom she volunteers, loves to read and travel. Hopefully, travel to India and visiting her family is on that list. In her spare time she enjoys cooking, art work and painting. "The satisfaction of teaching children in a church environment, combining the path of Christ in the curriculum and the friendly environment with the staff" gives her joy in teaching at POP.



Tracy Kimball

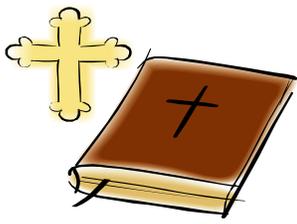
Eastern Oregon was Tracy's birthplace but the family moved to Portland when she was 4. She has 2 younger sisters and her family lives in the metro area. Pat and Tracy have been married for over 22 years and have 4 children. Cailey is a junior at Portland State, Brendan is a freshman at University of Great Falls, Cam is a freshman at Westview HS and Shannon is a sixth grader at Meadow Park Middle School. Tracy is an active member of St. Pius X, Sun Creek Little League board member and team treasurer of Portland City United Soccer Club. In addition she makes time for working Sudoku puzzles, playing card and board games with her family, and going to her children's soccer, softball and baseball games! "Teaching 3's is hard work but very rewarding. I love the random hugs, their curiosity and conversations and listening to them role play our Bible stories." A side note - Tracy and Kim Goudy were a team that presented a workshop at the Lutheran Teachers Conference at Seaside in November.



Patty Manning

Patty was born and raised in Portland. Her mother and an older sister still live close to her. Neil and Patty's family include Lance (senior in (freshman in HS), and identical twins Jennifer and Nicole (6th graders). All of their children attended POP's pre-school. Outdoor activities - working in the yard and gardening, camping, boating, fishing with the family - or anything that involves being outside are special passions. "I love teaching the 3's program and love the chance to be their 1st teacher".





Devotional Guide for February Scripture helps to prepare yourself for Sunday Worship

February 1	Fourth Sunday after Epiphany	Deut. 18: 15-20 Psalm 111 1 Cor 8:1-13 Mark 1: 21-28
February 8	Fifth Sunday after Epiphany	Is. 40: 21-31 Psalm 30 1 Cor. 9: 16-27 Mark 1: 29-39
February 15	Sixth Sunday after Epiphany	2 Kings 2: 1-12 Psalm 30 1 Cor. 10: 19-31 - 11:1 Mark 1: 40-45
February 22	Transfiguration of Our Lord	2 Kings 2: 1-12 Psalm 50: 1-6 2 Cor. 3: 12-18; 4: 1-6 Mark 9: 2-9
February 25	Ash Wednesday	Joel 2: 12-19 Psalm 51: 1-13 2 Cor. 5: 20b-6:10 Matt. 6: 1-6, 16-21
March 1	First Sunday in Lent	Gen. 22: 1-18 Psalm 25: 1-10 James 1: 12-18 Mark 1: 9-15



February Birthdays

5	Robert Henderson	18	Matt Nicoll
9	Mora Camplair	20	Wanda Stanley
10	Blanche Van Dorn		Dave Krautscheid
11	Jerry Miller		R. Mark Henderson
	Merle Dement	22	Emily Pond
	Pat Timmerman	24	Richard Sellke
	Vanessa Warren	25	Kathleen Henderson
12	Jonathan Bjorklund		Marjorie Nase
13	Patty Camplair	27	Priscilla Wyatt
15	Marion Legault	28	Ron Morris
16	Jackie Fishkin		James Jarvis

February Anniversaries



18, 1989	Jeff & Phyllis Oltmann
22, 1952	Dick & Shirley Zschoche

*God's Blessings on
your special day!*